

YEAR 2008 PROGRAMS OF ARHSA VIDYA GURUKULAM  
([www.arshavidya.org](http://www.arshavidya.org)) Tel: 570-992-2339

Jan 1 (Tuesday)	New Year's Day Celebration
March 6 (Thursday)	Maha Sivaratri Day Puja & Akandanama Japa
March 21-23 (Fri-Sun)	Easter Weekend Family Retreat With Swami Pratyagbodhananda <i>Topic: Ganapati Athrvasira Upanishad</i>
May 23-26 (Fri-Mon)	Memorial Weekend Family Retreat With Swami Veditatmanandaji <i>Topic: Living in the Present</i>
July 1-4 (Tue-Fri)	Independence Day Retreat With Swami Veditatmanandaji <i>Topic: Bringing Vedanta into Daily Life</i>
July 12-19 (Sat-Sat)	Family Vedanta Retreat-I With Swami Veditatmanandaji <i>Topic: Upadesa Saram of Ramana Maharshi</i>
July 12-19 (Sat-Sat)	Children's Retreat-I
July 20-27 (Sun-Sun)	Family Vedanta Retreat-II With Swami Veditatmanandaji <i>Topic: Kenopanishad with Shankarhashya</i>
July 20-27 (Sun-Sun)	Children's Retreat-II
Aug 3-10 (Sun-Sun)	Family Vedanta Retreat-III With Pujya Swamiji <i>Topic: Introductory mantras of Taittiriya with bhashya</i>  With Swami Veditatmanandaji <i>Topic: Sadhana Panchakam of Adi Shankaracharya</i>
Aug 12-19 (Tue-Tue)	Family Vedanta Retreat-IV With Pujya Swamiji <i>Topic: Pancha Kosa Viveka (Taittiriya)</i>  With Swami Veditamanandaji <i>Topic: Manisa Panchakm of Adi Shankaracharya</i>
Aug 21-24 (Thu-Sun)	Ayurveda and Yoga for Diabetes With Yogi Ramananda Patel and Scott Blossom

- Aug 21-24 (Thu-Sun) Arsha Vidya Young Adults 2<sup>nd</sup> Retreat  
With Pujya Swamiji
- Aug 29- Sept 1 (Fri-Mon) Labor Day Patron's Retreat  
With Pujya Swamiji  
*Topic: Abhaya Pratistha (Discovery of Fearlessness)*
- With Swami Tattvavidananda  
*Topic: Lakshmi Nrisimha Karavalamba Stotram of Shankar*
- Sept 2-9 (Tue- Tue) One week course with Pujya Swamiji  
With Pujya Swamiji  
*Topic: Anand Mimasa (Taittiriya)*
- With Swami Tattvavidananda  
*Niyama and Asana - Suta Smhita-II*
- Sept 11-18 (Thu-Thu) Yoga and Sound with Ramanandaji & Pt. Mukesh Desai  
*Vedanta Class with Pujya Swamiji.*
- Sept 14 (Sunday) 22<sup>nd</sup> Anniversary of the Gurukulam  
With Pujya Swamiji - *Topic: Being Oneself*
- Sept 20-Oct 4 (Sat-Sat) Two week Vedanta Course  
With Pujya Swamiji  
*Aproksha Anubhuti...contd*  
With Swami Tattvavidananda  
*Panchadasi-Dvaita Viveka-IV*
- Oct 5 – Nov 21 (Sun-Fri) Vedanta Course with Swami Tattvavidananda  
*Mandukya-II with Karika and Bhashya*  
*Bhagavad Gita-V Ch.with Bhashya*
- Nov 27-30 (Thu-Sun) Thanksgiving Family Vedanta Retreat  
With Swami Tattvavidanandaji  
*Topic: Meditation and Yoga*
- Dec 24-31 (Wed-Wed) Christmas Family Vedanta Retreat  
With Pujya Swamiji  
*Topic: Dasa Sloki of Adi Shankaracharya*  
With Swami Tattvavidanandaji  
*Topic: Ramayana -VI*
- Jan 01, 2009 (Thu) New Year's Day Celebration