

## Nine-Week Vedanta Course for Adults with Swami Tattvavidanandaji [Sep 22 – Nov 21]

Time	Program [Tuesday – Sunday; Off on Mondays]	Description
5:45 – 6:45 am	Morning Abhiseka to Lord dakṣiṇāmūrti	
<b>7:00 – 7:30 am</b>	<b>Guided Meditation – Swami Tattvavidanandaji</b>	No meditation class on Tuesdays
7:30 – 8:30 am	Breakfast	
8:00 – 8:50 am	Gurukulam Seva	
9:00 – 10:00 am	Sanskrit Class- Sri.Kalpesh Jasapara	Starting Sep 23 <sup>rd</sup> First and Third Sunday: No class
10:00 – 10:25 am	Welcome and Orientation - Suddhatma	September 22 <sup>nd</sup> – 27 <sup>th</sup>
<b>10:30 – 11:30 am</b>	<b>Class- I, Kathopanishad Part II- Swami Tattvavidanandaji</b>	First and Third Sunday: 10:00 – 11:00 am: Kathopanishad. 11:15 – 12:15 pm Bhagavad Gita
11:30 – 11:45	Afternoon Arati to Lord dakṣiṇāmūrti	First and Third Sunday: Arati at 12:15 pm.
12:00– 1:30 pm	Lunch – New Dining Hall	
1:30 – 3:00 pm	Free time / Rest	
3:30 – 4:00 pm	Warm water /Tea / Coffee	
<b>4:00 – 5:00 pm</b>	<b>Class II – Kathopanishad Part II Swami Tattvavidanandaji</b>	
5:30 – 6:00 pm	Evening Arati to Lord dakṣiṇāmūrti	
6:15 – 7:15 pm	Dinner	
<b>7:30 – 8:30 pm</b>	<b>Satsang (Q &amp; A) Swami Tattvavidanandaji</b>	First and Third Sunday: No Satsang
* All Classes will be held at the New Auditorium (Near Yoga Studio) * Food/Tea/Coffee will be served in the New Dining Hall		Monday, Sept 21: Registration and Securing accommodation 2 pm – 9 pm

**Wednesday, Sept 23<sup>rd</sup> Pujya Swamiji's 5<sup>th</sup> Mahasamadhi day will be celebrated from 11:45 am – 12:45 pm. All are welcome. Venue - Temple Hall**