

Thanksgiving Family Vedanta Course 2020

(November 26 -29, 2020)

with

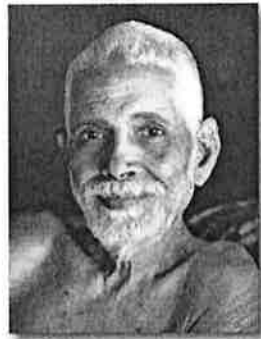


Swami Tattvavidanandaji

On

Sad-darshan – VII

(Sri Ramana Maharshi)



**Children's Program – Zoom Classes
with Br. Suryanarayana**

Arsha Vidya Gurukulam, P. O. Box 1059, Saylorsburg, Pa.18353

Email: avpoffice@gmail.com, www.arshavidya.org

**ALL CLASSES AND DINING WILL BE IN NEW HALL
COMPLEX (Near Yoga Studio)**

श्री गुरुभ्यो नमः **Sri Gurubhyo Namaha**
Salutations to the spiritual teacher

2020 Thanksgiving Vedanta Course
for Adults with Swami Tattvavidananadaji on
Sad-darshnam - VII and Meditation

All Classes (Meditation, Vedanta, Chanting, Music & Satsang)
will be conducted at the *Swami Dayananda Vijnana Bhavan*
(New Auditorium)

Schedule of Activities for Adults
Thursday, November 26, 2020

All day Until 08:00 pm	Registration for Thanksgiving Camp at the main Office
5:30-6:00 pm	Evening Arati Lord dakṣiṇāmūrti – at the Temple
6:00-08:00 pm	Dinner-at the New dining hall
7:45-8:00 pm	Welcome Address & Orientation: at the <i>SDVB (New Auditorium)</i>
8:00 pm onward	Satsang (Q&A) SDVB (New Auditorium) Swami Tattvavidanandaji

2020 Thanksgiving Vedanta Course for Adults

Schedule of Activities for Adults

Friday- Saturday, November 27-28, 2020

5:45 – 6:45 am	Abhiseka to Lord dakṣiṇāmūrti – at the Temple
7:00 – 7:30 am	Guided Meditation – Swami Tattvavidanandaji
7:30 – 8:30 am	Breakfast
8:00 – 8:50 am	Gurukulam Seva
9:30 – 10:30 am	Class I – Sad-darshnam -VII Swami Tattvavidanandaji
10:30 – 10:50 am	Free time / Warm water /Tea / Coffee
11:00 – 11:45 Noon	Chanting – Friday Suddhatma Music - Saturday Chitra Rajan
11:45 – Noon	Afternoon Arati to Lord dakṣiṇāmūrti
12:00 – 1:30 pm	Lunch – New Dining Hall
1:30 – 3:00 pm	Free time / Rest
3:00 – 4:00 pm	Warm water /Tea / Coffee
4:00 – 5:00 pm	Class II – Sad-darshnam Swami Tattvavidanandaji
5:30 – 6:00 pm	Evening Arati to Lord dakṣiṇāmūrti At the Temple
6:15 – 7:15 pm	Dinner
7:30 – 8:30 pm	Satsang (Q & A) Swami Tattvavidanandaji
FRIDAY 11/27 EVENING PRADOSHA PUJA AT 5 PM – A SPECIAL ABHISEKA TO LORD DAKSINAMURTI.	

2020 Thanksgiving Vedanta Course for Adults

Schedule of Activities for Adults

Sunday November 29, 2020

5:45 – 6:45 am	Abhiseka to Lord dakṣiṇāmūrti – at the Temple
7:00 – 7:30 am	Guided Meditation – Swami Tattvavidanandaji
7:30 – 8:30 am	Breakfast
9:30 – 11:00 am	Sad-darshan Concluding Class Swami Tattvavidanandaji Aarati to Lord Daksianmurti
11:00 – 12:30 pm	Camp ends with Lunch

Before you arrive

- The Gurukulam will do its best to ensure you have a safe and healthy stay with us. However, no travel at this time is without risks. You will be asked to sign the Covid-19 waiver of liability.
- Take your temperature before you leave home. The Gurukulam staff will take the temperature of every member of your family or those in your vehicle. If fever of 100.4 or higher is indicated or you show any of the commonly known Covid-19 symptoms you will not be allowed entry into the gurukulam for the safety of others.
- Bring a mask with you. You will be required to wear it while at the gurukulam.
- Hand sanitizing solutions will be kept at the entrance of the temple for everyone to use, but make sure you pack your own if you have any concerns about availability.
- No Tea/Coffee will be available at the gurukulam this time except for the retreats.

At the Gurukulam entrance

- The temperature of each individual will be checked and a few questions will be asked.
- A signed copy of the Covid-19 waiver of liability form will be collected.
- Your name and phone number/email will be taken if you have not already provided. This is to contact you in case any visitor developed Covid-19 while they were in the gurukulam.
- While at the Gurukulam social distancing of 6 feet, other than the family members who came as a group, is required.
- **When you return home**
 - Continue to monitor your health and temperature. If you begin to show Covid-19 symptoms, please notify the gurukulam immediately.

Our prayers for your and your family's safety and well-being!

Risk and Waiver of Liability

Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19 The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact.

As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. Arsha Vidya Pitham has put in place preventative measures to reduce the spread of COVID-19; however, the Pitham cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending the programs could increase your risk and your child(ren)'s risk of contracting COVID-19. By signing this agreement,

I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending the classes and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at the Pitham may result from the actions, omissions, or negligence of myself and others, including, but not limited to, volunteers, and program participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)'s attendance at the Club or participation in Pitham programming ("Claims"). On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless the Pitham, its employees, agents, and representatives, of

and from the Claims, including

all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the Pitham, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any Pitham program.

Signature of Camp Registrants:

Date:

Please note.....

Parking: Please Park your vehicle in the main parking lot, in the back of the Campus, or on the grass in front of the activities Center (Large Red Building) or near the new building area.

Yoga Classes and other General Information

Yoga Studio: 11 floor in the Activities Center, enter by ground level door

Morning tea and Coffee: Old dining hall Cafeteria (5 am- 7 am)

New Dining Hall times: 7:30 am. - 1:30 pm & 3:30 - 8:30 pm

(Please note a New dining hall is closed for cleaning 1:30 - 3:30 pm)

Lobby Hours: Coffee / Tea Area hours 7:00 am- 08:00 pm

(cleaning 1:30-3:30 pm)

Library hours: 1:30 - 3:00 pm (Sindhu building Basement) closed

Exercise / Gym hours: 7 am - 7 pm- Located under Bhagirati

(Please contact office for unlocking the gym)

Shanti Trail: The walking, jogging and biking in 99-acre property

[A pathway between the two buildings Bhavani and Godavari leads to trail) Please go in a group to avoid any mishaps due to isolated place and bear area.

Aim for Seva: Janet Falk Tel: 570 - 402-1244 Office Ext 214

Desiya Store (Hand-crafts): Ext 545 1- 4 pm

(Contact Vimala at 570-656-0193)

Bus Station:

Easton (PA) Tel: 610-258- 4400, Stroudsburg PA

(Del water Gap) 570-421-3040

- Audio & Video recording of lectures and programs during the Course are copyright protected.
- No Cellphone in New Building Auditorium & Yoga studio.
- No Food or Drinking inside New Building Auditorium temple & Yoga studio
- Don't stretch legs if you are seated in the front row.
- Please maintain silence until you leave the Auditorium
- Dress Code: Conservative (Female) No Shorts- (Male)
- No children during Lectures and Meditation classes
- Please check hearing aid battery.
- Please don't leave your laptops unattended when they are in use.
 - Rooms are with keys.
- For Internet: Dining Hall & Temple basements, Tunga and Pampa classroom have Wi-Fi.

Thank you for your cooperation

Emergency Nos: 570-656-0193, 570-656-0189 Office

Extns: 210, 234 & 241

Upcoming Camps/program in keeping with CDC guidelines.

Dec 24-31	Year-end Family Vedanta Course with Swami TV
Dec 31	Daksinamurti mula-mantra Japa
Dec 31	Midnight Arati to Lord Daksinamurti to Welcome 2021
Jan 01, 2021	New Year's day Special Abhisekam to Lord Daksinamurti

Puja Instructions for GFD and Archana Sponsors:

- 1. If you are attending Abhisheka as a Gift for a Day, Abhisheka, or Archana sponsor; kindly schedule the Sankalpa prior to the start (at 5:45 am), of the morning Abhisheka.*
- 2. If you are attending Abhisheka today as a Gift for a Day sponsor, please inform the priest prior to the beginning of the abhisheka.*

*Contact Persons: Priests Ravi 570-656-0192,
Ganesan 570-656-0197*

DAYALAYAM



May you all continue to be a recipient of Pujya Swamiji's
blessings by visiting Swamiji's Residential Cottage (Ganga), which is named as
"Dayalayam- The Abode of Compassion"

A temple for Meditation and Silence

Monday- Friday: Visiting Hours: 10:00 am – 1:00 pm

6:00 pm- 7:00 pm

Saturday- Sunday: Visiting Hours: 9:00 am- 11am

5:30:00 pm- 7:30 pm

Please enter through the DECK to Dayalayam

Meditation Hall

Thank you for your visit

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Older adults and people who have severe underlying medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing serious complications from COVID-19 illness. More information on Are you at higher risk for serious illness.

Know how it spreads

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- There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19).
 - **The best way to prevent illness is to avoid being exposed to this virus.**
 - The virus is thought to spread mainly from person-to-person.
 - Between people who are in close contact with one another (within about 6 feet).
 - Through respiratory droplets produced when an infected person coughs, sneezes or talks.
 - These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
 - Some recent studies have suggested that COVID-19 may be spread by people who are not showing symptoms.

Everyone Should

Wash your hands often

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- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
 - It's especially important to wash:
 - Before eating or preparing food
 - Before touching your face
 - After using the restroom
 - After leaving a public place
 - After blowing your nose, coughing, or sneezing
 - After handling your mask
 - After changing a diaper
 - After caring for someone sick
 - After touching animals or pets
 - If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
 - **Avoid touching your eyes, nose, and mouth** with unwashed hands.

Avoid close contact

- **Inside your home:** Avoid close contact with people who are sick.
 - If possible, maintain 6 feet between the person who is sick and other household members
- **Outside your home:** Put 6 feet of distance between yourself and people who don't live in your household.

Remember that some people without symptoms may be able to spread virus.

- Stay at least 6 feet (about 2 arms' length) from other people.
- Keeping distance from others is especially important for people who are at higher risk of getting very sick.

Cover your mouth and nose with a mask when around others

- You could spread COVID-19 to others even if you do not feel sick.
- The mask is meant to protect other people in case you are infected.
- Everyone should wear a mask in public settings and when around people who don't live in your household, especially when other social distancing measures are difficult to maintain.
 - Masks should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
- Do NOT use a mask meant for a healthcare worker. Currently, surgical masks and N95 respirators are critical supplies that should be reserved for healthcare workers and other first responders.
 - Continue to keep about 6 feet between yourself and others. The mask is not a substitute for social distancing.

Cover coughs and sneezes

- **Always cover your mouth and nose** with a tissue when you cough or sneeze or use the inside of your elbow and do not spit.
- **Throw used tissues** in the trash.
- Immediately **wash your hands** with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

Clean and disinfect

- **Clean AND disinfect frequently touched surfaces daily.** This includes tables, doorknobs, light switches, counterpart, handles, desks, phones, keyboards, toilets, faucets, and sinks.
- **If surfaces are dirty, clean them.** Use detergent or soap and water prior to disinfection.
- **Then, use a household disinfectant.** Most common EPA-registered household disinfectants will work.

Monitor Your Health Daily

- **Be alert for symptoms.** Watch for fever, cough, shortness of breath, or other symptoms **of COVID-19.**
 - Especially important if you are running essential errands, going into the office or workplace, and in settings where it may be difficult to keep a physical distance of 6 feet.
- **Take your temperature** if symptoms develop.
 - Don't take your temperature within 30 minutes of exercising or after taking medications that could lower your temperature, like acetaminophen.
- Follow CDC guidance if symptoms develop.

Śanti Mantras

ॐ स ह नाववतु । स ह नौ भुनक्तु । सह वीर्यं करवावहै ।

तेजस्विनावधीतमस्तु । मा विद्विषावहै ॥ ॐ शान्तिः शान्तिः शान्तिः ॥ १ ॥

om sa ha nāvavatu | sa ha nau bhunaktu | saha vīryaṁ karavāvahai |
tejasvināvadhītamastu | mā vidviṣāvahai || om śāntiḥ śāntiḥ śāntiḥ || 1 ||

saḥ -- he; *ha* -- indeed; *nau* -- both of us; *avatu* -- may protect; *saḥ* -- he; *ha* -- indeed; *nau* -- both of us; *bhunaktu* -- may nourish; *saha* -- together; *vīryaṁ karavāvahai* -- may we acquire the capacity (to study and understand the scriptures); *tejasvi* -- brilliant; *nau* -- for us; *adhītam* -- what is studied; *astu* -- let it be; *mā vidviṣāvahai* -- may we not disagree with each other; *om śāntiḥ śāntiḥ śāntiḥ* -- om peace, peace, peace

May the Lord indeed, protect both of us. May he indeed, nourish both of us. May we together acquire the capacity (to study and understand the scriptures). May our study be brilliant. May we not disagree with each other. Om peace, peace, peace.

ॐ पूर्णमदः पूर्णमिदं पूर्णात्पूर्णमुदच्यते । पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥

ॐ शान्तिः शान्तिः शान्तिः ॥ २ ॥

om pūrṇamadaḥ pūrṇamidam pūrṇātpūrṇamudacyate |
pūrṇasya pūrṇamādāya pūrṇamevāvaśiṣyate ||
om śāntiḥ śāntiḥ śāntiḥ || 2 ||

pūrṇam -- is fullness; *adaḥ* -- that; *pūrṇam* -- is fullness; *idam* -- this; *pūrṇāt* -- from that fullness; *pūrṇam* -- this fullness; *udacyate* -- has come; *pūrṇasya* -- of that fullness; *pūrṇam* -- this fullness; *ādāya* -- having removed; *pūrṇam* -- the fullness; *eva* -- only; *avaśiṣyate* -- remains; *om śāntiḥ śāntiḥ śāntiḥ* -- om peace, peace, peace

That is fullness, this is fullness. From that fullness this fullness came. From that fullness this fullness removed, what remains is fullness. Om peace, peace, peace.

Guru Vandanam

श्रुतिस्मृतिपुराणानाम् आलयं करुणालयम् ।

नमामि भगवत्पादं शङ्करं लोकशङ्करम् ॥

śrutismṛtipurāṇānām ālayam karuṇālayam ।
namāmi bhagavatpādam śaṅkaram lokaśaṅkaram ॥

śruti-smṛti-purāṇānām – of the śruti (Vedas), smṛti (Gitā etc.) and the purāṇās. *ālayam* -- the abode; *karuṇālayam* – the repository of compassion; *namāmi* – I salute; *bhagavat-pādam* -- one who is revered; *śaṅkaram* -- Ādi Śaṅkarācārya; *loka-śaṅkaram* – the one who gives happiness to the world.

I salute Ādi Śaṅkarācārya, the abode of the śruti (Vedas), smṛti (Gitā etc.) and purāṇās, the repository of compassion, who gives happiness to the world and who is revered.

शङ्करं शङ्कराचार्यं केशवं बादरायणम् ।

सूत्रभाष्यकृतौ वन्दे भगवन्तौ पुनः पुनः ॥

śaṅkaram śaṅkarācāryam keśavam bādarāyaṇam ।
sūtrabhāṣyakṛtau vande bhagavantau punaḥ punaḥ ॥

śaṅkaram -- Lord Śiva; *śaṅkarācāryam* -- the great teacher Ādi Śaṅkarācārya; *keśavam* -- Lord Viṣṇu ; *bādarāyaṇam* -- Śrī Vyāsa; *sūtra-bhāṣya-kṛtau* – the two who wrote the aphorisms (*BrahmaSūtras*) and the commentary (*bhāṣya*); *vande* – I salute; *bhagavantau* -- the venerable ones; *punaḥ punaḥ* -- again and again.

I salute, again and again, the great teacher Ādi Śankarācārya, who is Lord Śiva, and Badarayana, who is Lord Viṣṇu, the venerable ones who wrote the *bhāṣya* and the *BrahmaSūtras* respectively.

ईश्वरो गुरुरात्मेति मूर्तिभेदविभागिने ।

व्योमवद्व्याप्तदेहाय दक्षिणामूर्तये नमः ॥

īśvaro gururātmeti mūrtibhedavibhāgine ।
vyomavadvyāptadehāya dakṣiṇāmūrtaye namaḥ ।।

īśvaraḥ -- the Lord; *guruḥ* – the teacher; *ātmā* – the Self; *iti* – thus; *mūrti-bheda-vibhāgine* – the one who appears (as though) divided; *vyomavat* – like space; *vyāpta-dehāya* – to the one who is all pervasive; *dakṣiṇāmūrtaye* – to Lord Dakṣiṇāmūrti; *namaḥ* -- salutation.

Salutation to Lord Dakṣiṇāmūrti who is all pervasive like space, but who appears (as though) divided as the Lord, the teacher and the Self.

Sad darśanam - VII

न वेद्म्यहं मामुत वेद्म्यहं मामिति प्रवादो मनुजस्य हास्यः ।
दृग्दृश्यभेदात्किमयं द्विधाऽऽत्मा स्वात्मैकतायां हि धियां न भेदाः ॥

*na vedmyaham māmuta vedmyaham māmiti pravādo manujasya hāsyah,
dṛgdrśyabhedātkimayaṁ dvidhā''tmā svātmaikatāyāṁ hi dhiyāṁ na bhedaḥ. 35*

हृत्प्राप्य सद्धाम निजस्वरूपे स्वभावसिद्धेऽनुपलभ्य निष्ठाम् ।
मायाविलासस्सदसत्सरूपविरूपनानैकमुखप्रवादाः ॥

*hṛtprāpya saddhāma nijasvarūpe svabhāvasiddhe'nupalabhya niṣṭhām,
māyāvilāsasadasatsarūpavirūpanānaikamukhapravādāḥ. 36*

सिद्धस्य वित्तिस्सत एव सिद्धिस्स्वप्नोपमानाः खलु सिद्धयोऽन्याः ।
स्वप्नः प्रबुद्धस्य कथं नु सत्यस्सति स्थितिः किं पुनरेति मायाम् ॥

*siddhasya vittissata eva siddhissvapnopamānāḥ khalu siddhayo'nyāḥ,
svapnaḥ prabuddhasya katham nu satyassati sthitiḥ kiṁ punareti māyām. 37*

सोऽहंविचारो वपुरात्मभावे साहाय्यकारी परिमार्गणस्य ।
स्वात्मैक्यसिद्धौ स पुनर्निरर्थो यथा नरत्वप्रमितिर्नरस्य ॥

*so'haṁvicāro vapurātmabhāve sāhāyyakārī parimārgaṇasya,
svātmaikyāsiddhau sa punarnirartho yathā naratvapramitirnarasya. 38*

द्वैतं विचारे परमार्थबोधे त्वद्वैतमित्येष न साधुवादः ।
गवेषणात्प्रागदशमे विनष्टे पश्चाच्च लब्धे दशमत्वमेकम् ॥

*dvaitaṁ vicāre paramārthabodhe tvadvaitamityeṣa na sādhuvādah,
gaveṣaṇātprāgdaśame vinaṣṭe paścācca labdhe daśamatvamekam. 39*

करोमि कर्मेति नरो विजानन् बाध्यो भवेत्कर्मफलं च भोक्तुम् ।
विचारधूता हृदि कर्तृता चेत्कर्मत्रयं नश्यति सैव मुक्तिः ॥

*karomi karmeti naro vijānan bādhyo bhavetkarmaphalaṁ ca bhoktum,
vicāradhūtā hr̥di kartṛtā cetkarmatrayaṁ naśyati saiva muktiḥ. 40*

बद्धत्वभावे सति मोक्षचिन्ता बन्धस्तु कस्येति विचारणेन ।
सिद्धे स्वयं स्वात्मानि नित्यमुक्ते क्व बन्धचिन्ता क्व च मोक्षचिन्ता ॥

*baddhatvabhāve sati mokṣacintā bandhastu kasyeti vicāraṇena,
siddhe svayaṁ svātmani nityamukte kva bandhacintā kva ca mokṣacintā. 41*

* * * * *

मेधासूक्तम्

medhāsūktam

ॐ मेधा देवी जुषमाणा न आगाद्विश्वाची भद्रा सुमनस्यमाना ।

त्वया जुष्टा नुदमाना दुरुक्तान् बृहद्वदेम विदथे सुवीराः ॥

त्वया जुष्ट ऋषिर्भवति देवि त्वया ब्रह्मागतश्रीरुत त्वया ।

त्वया जुष्टश्चित्रं विन्दते वसु सा नो जुषस्व द्रविणोन मेधे ॥

om medhā devī juṣamāṇā na āgādviśvācī bhadrā sumanasyamāṇā |

tvayā juṣṭā nudamāṇā duruktān brhadvadema vidathe suvīrāḥ ||

tvayā juṣṭa ṛṣirbhavati devī tvayā brahmāgataśrīruta tvayā |

tvayā juṣṭāścitraṁ vindate vasu sā no juṣasva draviṇona medhe ||

मेधां म इन्द्रो ददातु मेधां देवी सरस्वती ।

मेधां मे अश्विनावुभावाधत्तां पुष्करस्त्रजा ।

अप्सरासु च या मेधा गन्धर्वेषु च यन्मनः ।

दैवी मेधा सरस्वती सा मा मेधा सुरभिर्जुषताम् ।

medhām ma indro dadātu medhām devī sarasvatī |

medhām me aśvināvubhāvādhattām puṣkarasrajā |

apsarāsu ca yā medhā gandharveṣu ca yanmanah |

daivī medhā sarasvatī sā mā medhā surabhirjuṣatām |

आमां मेधा सुरभि-विश्वरूपा हिरण्यवर्णा जगती जगम्या ।

ऊर्जस्वती पयसा पिन्वमाना सामां मेधा सुप्रतीका जुषन्ताम् ।

मयि मेधां मयि प्रजां मय्यग्निस्तेजो दधातु

मयि मेधां मयि प्रजां मयीन्द्र इन्द्रियं दधातु

मयि मेधां मयि प्रजां मयि सूर्यो भ्राजो दधातु ॥

āmāṁ medhā surabhir-viśvarūpā hiraṇyavarṇā jagatī jagamyā |

ūrjasvatī payasā pinvamāṇā sāmāṁ medhā supratikā juṣantām |

mayi medhām mayi prajāṁ mayyagnistejo dadhātu

mayi medhām mayi prajāṁ mayīndra indriyaṁ dadhātu

mayi medhām mayi prajāṁ mayi sūryo bhrajo dadhātu ||

शान्तिः शान्तिः शान्तिः

Medha Suktam

Translated by P. R. Ramachander

[Medha Suktha is an ode to the capacity of clear understandings. Medha can be also translated as genius. This medha Suktha is a part of Mahanarayana Upanishad. There seems to be Medha Sukthas in Rig Veda and Atharva Veda also. I have taken this Suktha text from the book by RL Kashyap (2007) Veda Manthras and Sukthas and published by Aurobindo Kapali Shasthri Institute of Vedic Culture, Bangalore.]

Devi jushamana na aagath,
Viswachi bhadra sumanasyamana,
Thvaya jushta jushamana dhurookthan,
Brahad vademā vidardhe suveera.
Let the goddess of intellect come here with happiness,
She is everywhere and has a happy frame of mind,
May we who were grief stricken, before she came,
Become greatly intelligent and know the ultimate.

THwaya jushtaa rishir bhavathi devi,
Thwaya brahmagath srirutha thwaya,
Thwaya jushtaschithramvindathe vasu,
Sa no jushasva dravinena medhe.
By your grace one becomes a saint,
One becomes learned, one becomes rich,
Showered by your grace one gets different kinds of wealth,
And so goddess of wealth, give us wealth and intellect.
Medham ma indro dadathu,
Medham devi Saraswathi.
Medam may ashvinou ubhavadathaam,
Pushkarasrajo.

Let Indra give me intelligence,
Let Saraswathi give me intelligence,
Let the Aswini Kumaras support my intelligence,
For they wear the garlands of lotuses.
Aapsaraasu cha ya medha,
Gandharveshu cha yan mana,
Devi medha Saraswathi,
Sa mam medha surabhir jushtaam
svaha.

Apsaras posses intelligence,
Gandarwas possess intelligence,
Goddess of intelligence is Saraswathi,
Let the intelligence spread like fragrance
I offer you without any reservations.*

* Svaha is the wife of fire God. We give offerings to her and she gives it to fire, who gives it to devas.

Aa maam mesha surabhir viswa roopa,
Hiranya varna jagathi jaamya,
OOrjaswathi payasaa pinvamaanaa,
Sa maam medha suprathika jushtaam.
Intelligence is glorious in form and is like nectar,
Intelligence is golden and pervades the entire universe,
Intelligence is powerful and is sought after continuously,
Let it come to me with love and favour me.

ॐ अथ पञ्चदशोऽध्यायः Om atha pañcadaśo'dhyāyah

श्रीभगवानुवाच ।

ऊर्ध्वमूलमधःशाखमश्वत्थं प्राहुरव्ययम् ।

छन्दांसि यस्य पर्णानि यस्तं वेद स वेदवित् ॥

अधश्चोर्ध्वं प्रसृतास्तस्य शाखा गुणप्रवृद्धा विषयप्रवालाः ।

अधश्च मूलान्यनुसन्ततानि कर्मानुबन्धीनि मनुष्यलोके ॥

न रूपमस्येह तथोपलभ्यते नान्तो न चादिर्न च सम्प्रतिष्ठा ।

अश्वत्थमेनं सुविरूढमूलं असङ्गशस्त्रेण दृढेन छित्त्वा ॥

ततः पदं तत्परिमार्गित्वं यस्मिन्गता न निवर्तन्ति भूयः ।

तमेव चाद्यं पुरुषं प्रपद्ये यतः प्रवृत्तिः प्रसृता पुराणी ॥

निर्मानमोहा जितसङ्गदोषा अध्यात्मनित्या विनिवृत्तकामाः ।

द्वन्द्वैर्विमुक्ताः सुखदुःखसञ्ज्ञैः गच्छन्त्यमूढाः पदमव्ययं तत् ॥

न तद्भासयते सूर्यो न शशाङ्को न पावकः ।

यद्गत्वा न निवर्तन्ते तद्वास परमं मम ॥

ममैवांशो जीवलोके जीवभूतः सनातनः ।

मनःषष्ठानीन्द्रियाणि प्रकृतिस्थानि कर्षति ॥

शरीरं यदवाप्नोति यच्चाप्युत्क्रामतीश्वरः ।

गृहीत्वैतानि संयाति वायुर्गन्धानिवाशयात् ॥

श्रोत्रं चक्षुः स्पर्शनं च रसनं घ्राणमेव च ।

अधिष्ठाय मनश्चायं विषयानुपसेवते ॥

उत्क्रामन्तं स्थितं वापि भुञ्जानं वा गुणान्वितम् ।

विमूढा नानुपश्यन्ति पश्यन्ति ज्ञानचक्षुषः ॥

यतन्तो योगिनश्चैनं पश्यन्त्यात्मन्यवस्थितम् ।

यतन्तोऽप्यकृतात्मानो नैनं पश्यन्त्यचेतसः ॥

śrībhagavān uvāca

ūrdhvamūlam adhaḥśākham aśvattham prāhuraavyayam

chandānsi yasya parṇāni yastam veda sa vedavit

adhaścordhvaṁ prasṛtastasya śākhāḥ

guṇaprapṛdḍhā viṣayapravalāḥ

adhaśca mūlānyanusantatāni

karmānubandhinī manusyaloke

na rūpam asyeha tathopalabhyate

nānto na cādina ca sampratiṣṭhā

aśvattham enaṁ suvirūḍhamūlam

asaṅgaśastreṇa drḍhena chittoḥ

tataḥ padam tat parimārgitaṁ

yasmin gatā na nivartanti bhūyaḥ

tam eva cādyam puruṣam prapadye

yataḥ pravṛtīḥ prasṛtā purāṇi

nirmānamohā jītasāṅgadoṣāḥ

adhyātmanityā vinivṛttakāmāḥ

dvandvairvimuktāḥ sukhaduhkhasañjñaiḥ

gacchantyamūḍhāḥ padam avyayam tat

na tad bhāsayate sūryaḥ na śaśāṅko na pāvakaḥ

yad gatoḥ na nivartante tad dhāma paramam mama

mamaivāṁśo jīvaloke jīvabhūtaḥ sanātanaḥ

manahṣaṣṭhānīndriyāṇi prakṛtiṣṭhāni karṣati

śarīraṁ yad avāpnoti yaccāpyutkrāmatisvarāḥ

gṛhītvaitāni संयाति vāyurgandhān iśāsayāt

śrotraṁ cakṣuḥ sparśanaṁ ca rasanam ghrāṇam eva ca

adhiṣṭhāya manaścāyam viṣayān upasevate

utkrāmantaṁ sthitaṁ vāpi bhūñjānaṁ vā guṇānvitam

vimūḍhā nānupaśyanti paśyanti jñānacakṣuṣāḥ

yatanto yoginaścainaṁ paśyantyātmanyavasthitam

yatanto 'pyakṛtātmanāḥ nainaṁ paśyantyacetasaḥ

यदादित्यगतं तेजो जगद्भासयतेऽखिलम् ।
यच्चन्द्रमसि यच्चाग्नौ तत्तेजो विद्धि मामकम् ॥

गामाविश्य च भूतानि धारयाम्यहमोजसा ।
पुष्णामि चौषधीः सर्वाः सोमो भूत्वा रसात्मकः ॥

अहं वैश्वानरो भूत्वा प्राणिनां देहमाश्रितः ।
प्राणापानसमायुक्तः पचाम्यन्नं चतुर्विधम् ॥

सर्वस्य चाहं हृदि सन्निविष्टो मत्तः स्मृतिर्ज्ञानमपोहनम् ।
वेदैश्च सर्वैरहमेव वेद्यो वेदान्तकृद्देवदेव चाहम् ॥

द्वाविमौ पुरुषौ लोके क्षरश्चाक्षर एव च ।
क्षरः सर्वाणि भूतानि कूटस्थोऽक्षर उच्यते ॥

उत्तमः पुरुषस्त्वन्यः परमात्मेत्युदाहृतः ।
यो लोकत्रयमाविश्य विभर्त्यव्यय ईश्वरः ॥

यस्मात्क्षरमतीतोऽहमक्षरादपि चोत्तमः ।
अतोऽस्मि लोके वेदे च प्रथितः पुरुषोत्तमः ॥

यो मामेवमसम्मूढो जानाति पुरुषोत्तमम् ।
स सर्वविद्भजति मां सर्वभावेन भारत ॥

इति गुह्यतमं शास्त्रमिदमुक्तं मयानघ ।
एतद्ब्रुध्वा बुद्धिमान्स्यात्कृतकृत्यश्च भारत ॥

yad ādityagataṁ tejaḥ jagad bhāsayate 'khilam
yaccandramasi yaccāgnau tattejo viddhi māmakam

gām āviśya ca bhūtāni dhārayāmyaham ojasā
puṣṇāmi cauṣadhīḥ sarvāḥ somo bhūtvā rasātmakāḥ

aham vaiśvānaro bhūtvā prāṇinān deham āśritāḥ
prāṇāpānasamāyuktāḥ pacāmyannam caturvidham

sarvasya cāham hṛdi sanniviṣṭaḥ
mattaḥ smṛtirjñānam apohanam ca
vedaḥ ca sarvairaham eva vedyaḥ

vedāntakṛd vedavid eva cāham
dvāvīmau puruṣau loka kṣaraścākṣara eva ca
kṣaraḥ sarvāṇi bhūtāni kūṭastho 'kṣara ucyate

uttamaḥ puruṣastvanyāḥ paramātmetyudāhṛtaḥ
yo lokatrayamāviśya vibhartyaavyaya īśvaraḥ

yasmāt kṣaram atīto 'ham akṣarād api cottamaḥ
ato 'smi loka vede ca prathitaḥ puruṣottamaḥ

yo mām evam asammūḍhaḥ jānāti puruṣottamam
sa sarvavid bhajati mām sarvabhāvena bhārata

iti guhyatamaṁ śāstram idam uktam mayānagha
etad buddhvo buddhimān syāt kṛtakṛtyaśca bhārata

ॐ तत्सत् इति श्रीमद्भगवद्गीतासु उपनिषत्सु ब्रह्मविद्यायां योगशास्त्रे

श्रीकृष्णार्जुनसंवादे पुरुषोत्तमयोगो नाम पञ्चदशोऽध्यायः ॥

om tatsat iti śrīmadbhagavadgītāsu upaniṣatsu brahma-vidyāyāṁ yoga-śāstre

śrīkṛṣṇārjunasaṁvāde puruṣottama-yogo nāma pañcadaśo 'dhyāyāḥ

सर्वधर्मान्परित्यज्य मामेकं शरणं व्रज । अहं त्वा सर्वपापेभ्यः मोक्षयिष्यामि मा शुचः ॥

sarvadharmān parityajya mām ekaṁ śaraṇam vraja, aham tvā sarvāpāpebhyaḥ mokṣayiṣyāmi mā śucaḥ

हरिः ॐ harīḥ om

ॐ ब्रह्मार्पणं ब्रह्महविः ब्रह्माग्नौ ब्रह्मा हुतम् ।

ब्रह्मैव तेन गन्तव्यं ब्रह्मकर्मसमाधिना ॥

om brahmārpaṇam brahma haviḥ brahmāgnau brahmaṇā hutam

brahmaiva tena gantavyam brahmakarmasamādhinā

[ॐ नमःपार्वतीपतये] हर हर महादेव [om namaḥ pārvatī pataye] hara hara mahādeva