Thanksgiving Family Vedanta Course 2020

(November 26-29, 2020)

with

Swami Tattvavidanandaji

On

Sad-darshan – VII
(Sri Ramana Maharshi)

Children’s Program – Zoom Classes
with Br. Suryanarayana

Arsha Vidya Gurukulam, P. O. Box 1059, Saylorsburg, Pa.18353

Email: avpoffice@gmail.com, www.arshavidya.org

ALL CLASSES AND DINING WILL BE IN NEW HALL COMPLEX (Near Yoga Studio)
2020 Thanksgiving Vedanta Course for Adults with Swami Tattvavidananadaji on Sad-darshnam - VII and Meditation

All Classes (Meditation, Vedanta, Chanting, Music & Satsang) will be conducted at the Swami Dayananda Vijnana Bhavan (New Auditorium)

Schedule of Activities for Adults
Thursday, November 26, 2020

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>All day</td>
<td>Registration for Thanksgiving Camp at the main Office</td>
</tr>
<tr>
<td>Until 08:00 pm</td>
<td></td>
</tr>
<tr>
<td>5:30-6:00 pm</td>
<td>Evening Arati Lord dakṣiṇāmūrti – at the Temple</td>
</tr>
<tr>
<td>6:00-08:00 pm</td>
<td>Dinner-at the New dining hall</td>
</tr>
<tr>
<td>7:45-8:00 pm</td>
<td>Welcome Address &amp; Orientation: at the SDVB (New Auditorium)</td>
</tr>
<tr>
<td>8:00 pm onward</td>
<td>Satsang (Q&amp;A) SDVB (New Auditorium)</td>
</tr>
<tr>
<td></td>
<td>Swami Tattvavidanandaji</td>
</tr>
</tbody>
</table>
# 2020 Thanksgiving Vedanta Course for Adults

**Schedule of Activities for Adults**

**Friday- Saturday, November 27-28, 2020**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:45 – 6:45 am</td>
<td>Abhiseka to Lord dakṣināmūrti – at the Temple</td>
</tr>
<tr>
<td>7:00 – 7:30 am</td>
<td>Guided Meditation – Swami Tattvavidanandaji</td>
</tr>
<tr>
<td>7:30 – 8:30 am</td>
<td>Breakfast</td>
</tr>
<tr>
<td>8:00 – 8:50 am</td>
<td>Gurukulam Seva</td>
</tr>
<tr>
<td>9:30 – 10:30 am</td>
<td>Class I – Sad-darshnam -VII&lt;br&gt;Swami Tattvavidanandaji</td>
</tr>
<tr>
<td>10:30 – 10:50 am</td>
<td>Free time / Warm water /Tea / Coffee</td>
</tr>
<tr>
<td>11:00 – 11:45 Noon</td>
<td>Chanting – Friday Sudhhatma &lt;br&gt;Music - Saturday Chitra Rajan</td>
</tr>
<tr>
<td>11:45 – Noon</td>
<td>Afternoon Arati to Lord dakṣināmūrti</td>
</tr>
<tr>
<td>12:00 – 1:30 pm</td>
<td>Lunch – New Dining Hall</td>
</tr>
<tr>
<td>1:30 – 3:00 pm</td>
<td>Free time / Rest</td>
</tr>
<tr>
<td>3:00 – 4:00 pm</td>
<td>Warm water /Tea / Coffee</td>
</tr>
<tr>
<td>4:00 – 5:00 pm</td>
<td>Class II – Sad-darshnam &lt;br&gt;Swami Tattvavidanandaji</td>
</tr>
<tr>
<td>5:30 – 6:00 pm</td>
<td>Evening Arati to Lord dakṣināmūrti At the Temple</td>
</tr>
<tr>
<td>6:15 – 7:15 pm</td>
<td>Dinner</td>
</tr>
<tr>
<td>7:30 – 8:30 pm</td>
<td>Satsang (Q &amp; A) &lt;br&gt;Swami Tattvavidanandaji</td>
</tr>
</tbody>
</table>

**FRIDAY 11/27 EVENING PRADOSHA PUJA AT 5 PM – A SPECIAL ABHISEKA TO LORD DAKSINAMURTI.**
2020 Thanksgiving Vedanta Course for Adults

**Schedule of Activities for Adults**

**Sunday November 29, 2020**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:45 – 6:45 am</td>
<td>Abhiseka to Lord dakṣināmūrti – at the Temple</td>
</tr>
<tr>
<td>7:00 – 7:30 am</td>
<td>Guided Meditation – Swami Tattvavidanandaji</td>
</tr>
<tr>
<td>7:30 – 8:30 am</td>
<td>Breakfast</td>
</tr>
</tbody>
</table>
| 9:30 – 11:00 am| Sad-darshan Concluding Class  
Swami Tattvavidanandaji  
Aarati to Lord Daksianmurti |
| 11:00 – 12:30 pm| Camp ends with Lunch                                               |
Before you arrive

- The Gurukulam will do its best to ensure you have a safe and healthy stay with us. However, no travel at this time is without risks. You will be asked to sign the Covid-19 waiver of liability.
- Take your temperature before you leave home. The Gurukulam staff will take the temperature of every member of your family or those in your vehicle. If fever of 100.4 or higher is indicated or you show any of the commonly known Covid-19 symptoms you will not be allowed entry into the gurukulam for the safety of others.
- Bring a mask with you. You will be required to wear it while at the gurukulam.
- Hand sanitizing solutions will be kept at the entrance of the temple for everyone to use, but make sure you pack your own if you have any concerns about availability.
- No Tea/Coffee will be available at the gurukulam this time except for the retreats.

At the Gurukulam entrance

- The temperature of each individual will be checked and a few questions will be asked.
- A signed copy of the Covid-19 waiver of liability form will be collected.
- Your name and phone number/email will be taken if you have not already provided. This is to contact you in case any visitor developed Covid-19 while they were in the gurukulam.
- While at the Gurukulam social distancing of 6 feet, other than the family members who came as a group, is required.

When you return home

- Continue to monitor your health and temperature. If you begin to show Covid-19 symptoms, please notify the gurukulam immediately.

Our prayers for your and your family’s safety and well-being!
Risk and Waiver of Liability

Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19 The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. Arsha Vidya Pitham has put in place preventative measures to reduce the spread of COVID-19; however, the Pitham cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending the programs could increase your risk and your child(ren)’s risk of contracting COVID-19. By signing this agreement,
I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending the classes and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at the Pitham may result from the actions, omissions, or negligence of myself and others, including, but not limited to, volunteers, and program participants and their families.
I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)’s attendance at the Club or participation in Pitham programming (“Claims”). On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless the Pitham, its employees, agents, and representatives, of
and from the Claims, including

all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the Pitham, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any Pitham program.

Signature of Camp Registrants:

Date:
Please note.................

Parking: Please Park your vehicle in the main parking lot, in the back of the Campus, or on the grass in front of the activities Center (Large Red Building) or near the new building area.

**Yoga Classes and other General Information**

**Yoga Studio:** 11 floor in the Activities Center, enter by ground level door

**Morning tea and Coffee:** Old dining hall Cafeteria (5 am- 7 am)

**New Dining Hall times:** 7:30 am - 1:30 pm & 3:30 - 8:30 pm

(Please note a New dining hall is closed for cleaning 1:30 - 3:30 pm)

**Lobby Hours:** Coffee / Tea Area hours 7:00 am- 08:00 pm

(cleaning 1:30-3:30 pm)

**Library hours:** 1:30 - 3:00 pm (Sindhu building Basement) closed

**Exercise / Gym hours:** 7 am - 7 pm- Located under Bhagirati

(Please contact office for unlocking the gym)

**Shanti Trail:** The walking, jogging and biking in 99-acre property

[A pathway between the two buildings Bhavani and Godavari leads to trail] Please go in a group to avoid any mishaps due to isolated place and bear area.

**Aim for Seva: Janet Falk Tel:** 570 – 402-1244 Office Ext 214

**Desiya Store (Handcrafts):** Ext 545 1-4 pm

(Contact Vimala at 570-656-0193)

**Bus Station:**

**Easton (PA) Tel:** 610-258 - 4400, Stroudsburg PA

(Del water Gap) 570-421-3040
• Audio & Video recording of lectures and programs during the Course are copyright protected.

• No Cellphone in New Building Auditorium & Yoga studio.

• No Food or Drinking inside New Building Auditorium temple & Yoga studio

• Don’t stretch legs if you are seated in the front row.

• Please maintain silence until you leave the Auditorium

• Dress Code: Conservative (Female) No Shorts- (Male)

• No children during Lectures and Meditation classes

• Please check hearing aid battery.

• Please don’t leave your laptops unattended when they are in use.
  • Rooms are with keys.

• For Internet: Dining Hall & Temple basements, Tunga and Pampa classroom have Wi-Fi.

Thank you for your cooperation

Emergency Nos: 570-656-0193, 570-656-0189 Office

Extns: 210, 234 & 241

<table>
<thead>
<tr>
<th>Upcoming Camps/program in keeping with CDC guidelines.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dec 24-31 Year-end Family Vedanta Course with Swami TV</td>
</tr>
<tr>
<td>Dec 31 Daksinamurti mula-mantra Japa</td>
</tr>
<tr>
<td>Dec 31 Midnight Arati to Lord Daksinamurti to Welcome 2021</td>
</tr>
<tr>
<td>Jan 01, 2021 New Year’s day Special Abhisekam to Lord Daksinamurti</td>
</tr>
</tbody>
</table>
Puja Instructions for GFD and Archana Sponsors:
1. If you are attending Abhisheka as a Gift for a Day, Abhisheka, or Archana sponsor; kindly schedule the Sankalpa prior to the start (at 5:45 am), of the morning Abhisheka.
2. If you are attending Abhisheka today as a Gift for a Day sponsor, please inform the priest prior to the beginning of the abhisheka.

Contact Persons: Priests Ravi 570-656-0192, Ganesan 570-656-0197

DAYALAYAM

May you all continue to be a recipient of Puja Swamiji’s blessings by visiting Swamiji’s Residential Cottage (Ganga), which is named as “Dayalayam- The Abode of Compassion”

A temple for Meditation and Silence

Monday- Friday: Visiting Hours: 10:00 am – 1:00 pm
6:00 pm- 7:00 pm
Saturday- Sunday: Visiting Hours: 9:00 am- 11am
5:30:00 pm- 7:30 pm

Please enter through the DECK to Dayalayam
Meditation Hall

Thank you for your visit
Older adults and people who have severe underlying medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing serious complications from COVID-19 illness. More information on Are you at higher risk for serious illness.

Know how it spreads

- There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19).
- **The best way to prevent illness is to avoid being exposed to this virus.**
- The virus is thought to spread mainly from person-to-person.
  - Between people who are in close contact with one another (within about 6 feet).
  - Through respiratory droplets produced when an infected person coughs, sneezes or talks.
  - These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
  - Some recent studies have suggested that COVID-19 may be spread by people who are not showing symptoms.

Everyone Should

Wash your hands often

- **Wash your hands** often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- It’s especially important to wash:
  - Before eating or preparing food
  - Before touching your face
  - After using the restroom
  - After leaving a public place
  - After blowing your nose, coughing, or sneezing
  - After handling your mask
  - After changing a diaper
  - After caring for someone sick
  - After touching animals or pets
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.
Avoid close contact

- **Inside your home:** Avoid close contact with people who are sick.
  - If possible, maintain 6 feet between the person who is sick and other household members

- **Outside your home:** Put 6 feet of distance between yourself and people who don’t live in your household.
  
  Remember that some people without symptoms may be able to spread virus.
  
  - Stay at least 6 feet (about 2 arms’ length) from other people.
  - Keeping distance from others is especially important for people who are at higher risk of getting very sick.

Cover your mouth and nose with a mask when around others

- You could spread COVID-19 to others even if you do not feel sick.
  
  - The mask is meant to protect other people in case you are infected.
  - Everyone should wear a **mask** in public settings and when around people who don’t live in your household, especially when other **social distancing** measures are difficult to maintain.
  
  - Masks should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.

- **Do NOT** use a mask meant for a healthcare worker. Currently, surgical masks and N95 respirators are critical supplies that should be reserved for healthcare workers and other first responders.
  
  - Continue to keep about 6 feet between yourself and others. The mask is not a substitute for social distancing.

Cover coughs and sneezes

- **Always cover your mouth and nose** with a tissue when you cough or sneeze or use the inside of your elbow and do not spit.

- **Throw used tissues** in the trash.

- Immediately **wash your hands** with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a **hand sanitizer** that contains at least 60% alcohol.
Clean and disinfect

- **Clean AND disinfect frequently touched surfaces daily.** This includes tables, doorknobs, light switches, counterpart, handles, desks, phones, keyboards, toilets, faucets, and sinks.

- **If surfaces are dirty, clean them.** Use detergent or soap and water prior to disinfection.

- **Then, use a household disinfectant.** Most common EPA-registered household disinfectants will work.

Monitor Your Health Daily

- **Be alert for symptoms.** Watch for fever, cough, shortness of breath, or **other symptoms of COVID-19.**
  - Especially important if you are running essential errands, going into the office or workplace, and in settings where it may be difficult to keep a **physical distance of 6 feet.**

- **Take your temperature** if symptoms develop.
  - Don’t take your temperature within 30 minutes of exercising or after taking medications that could lower your temperature, like acetaminophen.
  - Follow **CDC guidance** if symptoms develop.
Śanti Mantras

ॐ स ह नान्याबृ । स ह नै भुन्तु । सह वीर्यं करवावहे ।
तेजस्विनावधितमस्तु । मा विद्विसहान्तः || ॐ शान्ति: शान्ति: शान्ति: ॥ १ ॥

om sa ha nāvavatu | sa ha nau bhunaktu | saha vīryam karavāvahai |
tejasvināvadhītamastu | mā vidviśavahai || om sāntih sāntih sāntih ॥ ॥

sah -- he; ha -- indeed; nau -- both of us; avatu -- may protect; sah -- he; ha -- indeed; nau -- both of us; bhunaktu -- may nourish; saha -- together; vīryam karavāvahai -- may we acquire the capacity (to study and understand the scriptures); tejasvi -- brilliant; nau -- for us; adhitam -- what is studied; astu -- let it be; mā vidviśavahai -- may we not disagree with each other; om sāntih sāntih sāntih -- om peace, peace, peace

May the Lord indeed, protect both of us. May he indeed, nourish both of us. May we together acquire the capacity (to study and understand the scriptures). May our study be brilliant. May we not disagree with each other. Om peace, peace, peace.

ॐ पूर्णमदः पूर्णमिदुपूर्णमुदच्ये । पूर्णस्य पूर्णमादिये पूर्णेवविशिष्ये ॥
ॐ शान्ति: शान्ति: शान्ति: ॥ २ ॥

om pūrṇamadāḥ pūrṇamidaṁ pūrṇātpūrṇamudacyate |
pūrṇasya pūrṇamadāya pūrṇamevavasisyate ||
om sāntih sāntih sāntih ॥ ॥

pūrṇam -- is fullness; adah -- that; pūrṇam -- is fullness; idam -- this; pūrṇat -- from that fullness; pūrṇam -- this fullness; udacyate -- has come; pūrṇasya -- of that fullness; pūrṇam -- this fullness; ādāya -- having removed; pūrṇam -- the fullness; eva -- only; avasisyate -- remains; om sāntih sāntih sāntih -- om peace, peace, peace

That is fullness, this is fullness. From that fullness this fullness came. From that fullness this fullness removed, what remains is fullness. Om peace, peace, peace.
Guru Vandananm

śruti-smṛti-purāṇānām ālayam karuṇālayam
namāmi bhagavatpādam śaṅkaram lokasaṅkaram

śruti-smṛti-purāṇānām – of the sruti (Vedas), smṛti (Gītā etc.) and the purāṇās. ālayam – the abode; karuṇālayam – the repository of compassion; namāmi – I salute; bhagavat-pādam – one who is revered; śaṅkaram – Adi Śankarācārya; loka-śaṅkaram – the one who gives happiness to the world.

I salute Adi Śankarācārya, the abode of the sruti (Vedas), smṛti (Gītā etc.) and purāṇās, the repository of compassion, who gives happiness to the world and who is revered.

śaṅkaram śaṅkarācāryam keśavam bādarāyaṇam
sūtrabhāṣya-kṛtau vande bhagavantu punah punah

śaṅkaram – Lord Śiva; śaṅkarācāryam – the great teacher Adi Śankara; keśavam – Lord Viṣṇu; bādarāyaṇam – Śri Vyāsa; sūtrabhāṣya-kṛtau – the two who wrote the aphorisms (BrahmaSūtras) and the commentary (bhāṣya); vande – I salute; bhagavantu – the venerable ones; punah punah – again and again.
I salute, again and again, the great teacher Ādi Śankarācārya, who is Lord Śiva, and Badarayana, who is Lord Viṣṇu, the venerable ones who wrote the bhāṣya and the BrahmaSūtras respectively.

ईश्वरो गुरूरात्मेति मूर्तिभेदविभागिने ।
व्योमवयांदेहाय दक्षिणामूर्तयेन नमः ॥

iśvaro gururātmeti mūrtibhedavibhāgīne ।
vyomavadyāptadehāya dakṣiṇāmūrtaye namah ॥

iśvarāḥ -- the Lord; guruḥ -- the teacher; ātmā -- the Self; iti -- thus; mūrtibhedavibhāgīne -- the one who appears (as though) divided; vyomavat -- like space; vyāpta-dehāya -- to the one who is all pervasive;
dakṣiṇāmūrtaye -- to Lord Dakṣiṇāmūrti; namah -- salutation.

Salutation to Lord Dakṣiṇāmūrti who is all pervasive like space, but who appears (as though) divided as the Lord, the teacher and the Self.
Sad darśanam - VII

न वेदवां मामुत वेदवां मामनति व्रावदो मनुजस्य हास्यः ।
हर्द्विभेददलितः द्विधास्तमः स्वात्मेकताया हि धियां न भेदा: ॥

na vedmyaham māmata vedmyaham māmānti pravādo manujasya hāsyaḥ,
dṛgdṛśyabhedātikimayaḥ dvidhā’śūrvātmaikatāyāṃ hi dhiyāṃ na bhedāḥ. 35

हृत्रप्रप्या जुड्हिः निजसवरुपे स्वव्हासविद्धेनुपल्भ निद्धाम् ।
मायाविलाससदसतसरुपविरुपनामकमुखप्रावदा: ॥

ḥṛtprāpya suddhāma nijasvarūpe svabhāvasiddhe’nupalabhya niṣṭām,
māyāvilāsassadassatārupepivirupanānaikamukhapravādāḥ. 36

सिद्धस्य वितिस्तत एव सिद्धास्त्रोपप्रमाणा: खलु सिद्धयोग्यन्यः: ।
स्वात्मेक्यं स्वात्मसे पुनर्निर्यात्य यथा नरत्मप्रमितैनरस्य ।

siddhasya vittissata eva siddhissvapnopamānāḥ khalaḥ siddhayo’nyāḥ,
svapnaḥ prabuddhasya kathaṃ na satyassati sthitiḥ kim punareti māyām. 37

सोहविचारार वजुख्यमावे सहाययकारी परिमार्गायस्य ।
स्वात्मेक्यासिद्धार्वो से पुनर्निर्यात्य यथा नरत्मप्रमितैनरस्य ।

so’hamviṣēravopurāṁabhāve sāhāyyakārtī parimārgaṇasya,
svātmaikyasiddhau sa punarnirartho yathā nartvapramitīnarthasya. 38

हैत्तिविचारे परमारथवोधे त्वद्वितिमत्तेष न साधुवादः: ।
गवेषणात्मादशं विनाथे पश्चात् लब्धे दशमत्तमेकम् ॥

dvaitam vicare paramārthabodhe tvadvaityamītyeṣa na sādhuvādaḥ,
gaveṣaṇātpṛādāsme vinaṣṭe paśca ca labdhe daśamatvamēkaṃ. 39

करोम कर्मेति नरो विजनानु वायो भवेक्तमफलं च भोक्तुम् ।
विचारावतु हदि करत्वा चेत्तम्ब्रेण नस्यति सेव मुक्तिः ॥

karomi karmeti naro vijānan bādhyo bhavetkarmaphalāṃ ca bhoktum,
vicāradhūtā hrī karottā cetkarmātṛyāṃ naṣyati saiva muktiḥ. 40

बद्धत्वभावे सति मोक्षचित्ता वंधस्तु कर्ममेति विचारेऽन ।
सिद्धे स्वयं स्वात्मिनि नित्यमुक्ते के बस्थ्यतात् क च मोक्षचित्ता ॥

baddhatvabhāve sati mokṣacintā bandhastu kaśyeti vicāraṇena,
sidhe svayaṁ svātmāni nityamukte kva bandhacintā kva ca mokṣacintā. 41

* * * * *
medhāsūktam

ॐ मेघा देवी जग्नमाना न आगतिष्ठानी भद्रा सुमनस्यामाना ।
त्वया जुष्ठ युद्धमाना दुर्लक्षो बुध्दवेर्ष सुव्रीता ॥
त्वया जुष्ठ ऋषिभवति देवि त्वया व्रहागतश्रीलत त्वया ।
त्वया जुष्ठश्रीलत वीन्ते कस्य तस्मान जुष्ठश्रीर्विविग्नानेन मेघे ॥

om medhā devī juṣṭamānā na agadviṣvāci bhadrā suṁanasyamānā|
tvayā juṣṭa nudamānā duruktān bṛhadvedema vidathe suvarṣāh||
tvayā juṣṭa ṛṣībhavati devi tvayā brahmāgataśtruta tvayā|
tvayā juṣṭaścitram vindate vasu sa no juṣṭasa dravinona medhe||

मेघा म इन्द्रं ददालु मेघा देवी सरस्वती।
मेघा मे अधिनायुवाहितान पुष्पकरुणा।
अपसरसु च य यथा मेघा रत्नघोषं च यन्त्वम:।
देवी मेघा सरस्वती सात मे मेघा सुरभिजुष्ठतम्।

medhāṁ ma Ṣindro dadātu medhāṁ devi sarasvatī|
medhāṁ me asvināvībhavādhattāṁ paśkarasrajā|
apṣarasu ca ya medhā gandharvesu ca yanmanah|
daiṁ medhā sarasvatī sa mā medhā surabhiruṣatām|

आमो मेघा सुरभिशिवेशन हिरण्यवण्ण जगती जगाम्या।
अर्जयीती पयसा पिन्चमाना सामो मेघा सुप्रस्तीका जुष्ठतम्।

मयी मेघां मयी प्रज्ञा मय्यन्त्र्ते ज्ञातु|
मयी मेघां मयी प्रज्ञा मयीन्द्र इन्द्रं ददातु|
मयी मेघां मयी प्रज्ञा मयी सुर्यो भ्राजो ददातु॥

āmāṁ medhā surabhiruṣvarūpā hīranyavānā jagatī jagamāṇyā|
ārjasvātī payasā pīṇvamanā sāmāṁ medhā supratikā juṣṭantām|
maya medhāṁ mayī praşāṁ mayyagnistejo dadhātu|
maya medhāṁ mayī praşāṁ mayindrā indriyam dadhātu|
maya medhāṁ mayī praṣāṁ mayī sūryo bhṛjao dadhātū||
Medha Suktam  

[Medha Suktha is an ode to the capacity of clear understandings. Medha can be also translated as genius. This medha Suktha is a part of Mahanarayana Upanishad. There seems to be Medha Sukthas in Rig Veda and Atharva Veda also. I have taken this Suktha text from the book by RL Kashyap (2007) Veda Mantras and Sukthas and published by Aurobindo Kapali Shasthri Institute of Vedic Culture, Bangalore.]

Devi jushamana na aagath,  
Viswachi bhadra sumanasyamana,  
Thwaya jushtha jushamana dhurookthan,  
Brahad vadema vidardhe suveera.
Let the goddess of intellect come here with happiness,  
She is everywhere and has a happy frame of mind,  
May we who were grief stricken, before she came,  
Become greatly intelligent and know the ultimate.

THwaya jushtha rishir bhavathi devi,  
Thwaya brahmagath srirutha thwaya,  
Thwaya jushtaschithramvindathe vasu,  
Sa no jushasva dravinena medhe.
By your grace one becomes a saint,  
One becomes learned, one becomes rich,  
Showered by your grace one gets different kinds of wealth,  
And so goddess of wealth, give us wealth and intellect.
Medham ma indro dadathu,  
Medham devi Saraswathi.  
Medam may ashvinou ubhavadathaam,  
Pushkarasrajo.

Let Indra give me intelligence,  
Let Saraswathi give me intelligence,  
Let the Aswini Kumaras support my intelligence,  
For they wear the garlands of lotuses.
Aapsaraasu cha ya medha,  
Gandharveshu cha yan mana,  
Devi medha Saraswathi,  
Sa mam medha surabhir jushtaam svaah.
Apsaras posses intelligence,  
Gandarwas possess intelligence,  
Goddess of intelligence is Saraswathi,  
Let the intelligence spread like fragrance  
I offer you without any reservations.*

* Svaha is the wife of fire God. We give offerings to her and she gives it to fire, who gives it to devas.
Aa maam mesha surabhir viswa roopa,  
Hiranya varna jagathi jaamya,  
OOrjaswathi payasa pinvamaanaa,  
Sa maam medha suprathika jushtaam.
Intelligence is glorious in form and is like nectar,  
Intelligence is golden and pervades the entire universe,  
Intelligence is powerful and is sought after continuously,  
Let it come to me with love and favour me.
Srībhagavatuvāca

urdhramulam adhahsakham asvattham prāhuravayam
chandānīni yasya pariṇāṁ yastam veda sa vedavi

adhāscondhvan astrasastasya śakāḥ
guṇapraṇīrdhā viṣayapraṇīdāḥ
adhāsca mūlāyantusantātāni
carmānubandhāni manusyaloke

na rātpam asyeha tathopalabhaye
nānto na cādīrṇa ca sampratīṣṭhā
asvattham enaṁ svātīrṇamulānān
asangaśāstreṇa dṛḍhena chitto

tatāḥ padāṁ tat parimalātvayān
yasmin gataṁ na niyartanti bhūyāḥ

tam eva cādīrṇāṁ puraśāṁ prapadeye
yatāḥ pravṛttiḥ pratā pruṣṭāni

nirmānāmahā jītasārī-daśaḥ
dvandvāvṛtāni sukhamukhāsūtraṁ

adhyātmanitiya vimioyādmanāḥ
dvandvāvṛtāni sukhamukhaḥ

cacchāntarūmāḥ padāṁ avgaṇoḥ tata

na tad bhūsayaṁ śūryāḥ na susūkṣko na pāvakaḥ

yat gatoḥ na niyartante tad dhāmaḥ paramāṁ mama

mamāvāṁśo jīvaloke jīvalītāṁ saṁtānāḥ

manābhāṣṭhāṁ śaṁkriyāṁ prakṛtiśaṁkri kariṣṭāṁ

śaṁkriyāḥ yaṁ avāpnoti yac ca yaktāḥ pāraṁ padaṁ

gṛhaśāyāni satyātī vāyugamādhanāṁ iśayāt

śobhāṁ caksuḥ sparśanāṁ ca rasanāṁ ghrāṇaṁ eva ca

adhiṣṭhāya manaścayaḥ viṣayaṁ upasavate

utkramantaṁ sthitam vapi bhūti vāpi guṇaṁ āvam

vīmūḍhā nāmupāśyanti pāśyantī jātinacaksuṣaḥ

yatantō yogīnaścānāṁ pāśyantīyāntaṁ nāṁvāntaṁ sthitam

yatantō pāśyantīyāntaṁ nāṁvāṁ pāśyantīyāntaṁ
yad ādityagatoḥ tejaḥ jagad bhūsayate khalam
yeccandramoṣi yacccaṁau lattejo vidhī māmakam

gūm āvīṣya ca bhūtāni dhārayāmyaham ojātā
pusyaṁi cauṣadāh saṣvāḥ somo bhūtōv rasātmakāh
ahaih vaiśvaṁaro bhūtvā prāṁśuṁiñ āhama āśrīlāh
prātiḥ pasamāmuktaḥ pācāṁyamanaḥ caturvīdham

sarvasya cāhāṁ hiṁ samnīśīlaṁ
matthāḥ sṛtyaṁnaṁ apohanaṁ ca
vedāiśca sarvārahām eva vedāyaḥ
vedāntakṛd vedāvid eva cāhām
dvārīnaṁ purusāu loke kṣaraśeṣaṁ eva ca
kṣaraḥ sarvāṁ bhūtvā kūjasthō kṣara ucyate

uttamaḥ puruṣastvaṁyaḥ paramātmeyāntāṁ
yo lokatmyānavīṣya bhikhyāvayaṁ āsvarāḥ

yasmāti kṣaram atito haṁ aṣgarād api cottaṁaḥ
datoṁ lokā veda ca prabhākaḥ puruṣottamaṁ

yo mām evaṁ asaṁcitāḥ jānāti puruṣottamaṁ
sa sarvāvaiṁ bhajati māṁ sarvabhuvaṁ bhārata

iti guhyatamaṁ śāstram idam ukhaṁ mayaṁgaṁ
elad buddhāva buddhiṁśaṁ syāt kriyātīvoc bhārata

ṣaṁ tvatāḥ sā trīśikṣaṁśaṁ tu jñānāntaṁ bhavāntaṁ
dṛkṣamaṇaṁ saṁjñate puruṣottamaṁ yo naṁ bhavataṁ:

[ṣaṁ tvatāḥ sā] trīśikṣaṁśaṁ tu jñānāntaṁ bhavāntaṁ
dṛkṣamaṇaṁ saṁjñate puruṣottamaṁ yo naṁ bhavataṁ:

[ṣaṁ tvatāḥ sā] trīśikṣaṁśaṁ tu jñānāntaṁ bhavāntaṁ
dṛkṣamaṇaṁ saṁjñate puruṣottamaṁ yo naṁ bhavataṁ:

[ṣaṁ tvatāḥ sā] trīśikṣaṁśaṁ tu jñānāntaṁ bhavāntaṁ
dṛkṣamaṇaṁ saṁjñate puruṣottamaṁ yo naṁ bhavataṁ:

[ṣaṁ tvatāḥ sā] trīśikṣaṁśaṁ tu jñānāntaṁ bhavāntaṁ
dṛkṣamaṇaṁ saṁjñate puruṣottamaṁ yo naṁ bhavataṁ: