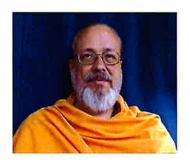
Arsha Vidya Gurukulam 2025 Five-Day Vedanta Course for Adults

Venue: Temple Hall

Begins: Wednesday, October 01 @ 8:00 pm

Ends: Sunday, October 05 @ 10:00 am



Swami Advayatmanandaji on *Hastāmalakīyam*

Arsha Vidya Gurukulam,
P.O.Box 1059,
Saylorsburg, PA-18353
www.arshavidya.org, avpoffice@gmail.com

Tel: 570- 992 – 2339

Camp Schedule

Venue: Temple Hall

October 1st, Wednesday

Camp Starts - 8:00 pm --> Orientation and Satsang

October 2nd & 3rd:

7:00 - 7:30 am --> Meditation 9:30 - 11 am --> Class 1 & Class 3

4:00 - 5:30 pm --> Class 2 & Class 4 8:00 - 9:00 pm --> Satsang

October 4th - Saturday

7:00 - 8:00 AM --> Breakfast

8:00 am --> Departure to Arsha Bodha and return to AVG for lunch

4:00 - 5:30 pm --> Class 5 8:00 - 9:00 pm --> Satsang

October 5th - Sunday (Concluding Day) Tentative Schedule

7:00 - 8:00 am --> Class 6

9:00 - 10:00 am (or 8:45 AM - 9:45 AM) --> Concluding class 7 followed by Gurudakshina

Temple Schedule:

Daily Morning Ganapati Homa 5:15 am
Daily Morning Abhiseka to Lord Daksinamurti and Ganesa 5:40 am

Daily Afternoon Aarti to Lord Daksinamurti 12:15 – 12:30 pm

Daily Evening Aarti to Lord Daksinamurti 6:00 pm

Dining Hall Schedule:

Morning Tea/Coffee/Warm Water 5:15 am

(Temple Building)

Breakfast 7:30 – 8:30 am

Lunch 12:30 – 2:00 pm

Tea/Coffee/Warm Water 3:30 – 4:45 pm

Dinner 6:30 - 7:45 pm

Dining Hall closed for Campers between 2:00 - 3:30 pm and 10:00 pm - 6:45 am

What is a Guru Daksina? An ancient Bharat Sanatan (Hindu) tradition of expressing gratitude towards a Guru or a Teacher after teaching has been completed. It is a way of acknowledging the teacher's guidance and knowledge. Students may contribute towards Gurukulam maintenance.

About the Gurukulam:

The Gurukulam is located on 14 acres of secluded land in the Pocono Mountains, with an additional 85 acres of wooded trails.

Arsha Vidya Gurukulam was founded in 1986 by Brahmaleen (late) Sri. Swami Dayananda Saraswati, with the help of Board Members. Pujya Sri. Swamiji is acclaimed as a leading figure who had unsurpassable scholarship and clarity of expression......

The major Arsha Vidya Centers in India are in Rishikesh, Coimbatore and in the USA in Saylorsburg. The Purpose of establishing AVG was to make available the teaching Vedanta in an authentic, traditional manner. The Gurukulam offers 1st and 3rd weekends of the month Meditation Workshop (1 & 3 Saturdays), Bhagavadgita Classes (1 & 3 Sundays) Holiday Weekend Vedanta Camps, Family Vedanta Camps and Courses for adults. Ongoing classes in Yoga, Meditation, Vedic Chanting and Sanskrit language are part of the Gurukulam's regular curriculum.

Vedanta means Upanishads; the source book for spiritual (Self) knowledge.

In keeping with our commitment to authentic representation of the Vedic tradition, all the teachers at AVG are traditionally trained. Some are of international repute.

Temple: In the Vedic tradition, since all that is here is a manifestation of the Lord, the Lord can be invoked in any form. In keeping with its commitment to spiritual teaching, Arsha Vidya is home to a shrine for Lord Daksinamurti, the first spiritual teacher in the Vedic tradition. Our qualified priest/s perform Pujas, Vedic samskaras and Homas.

The Meaning of the Word Daksinamurti:

Daksina means *south* and murti means *form*. (As per Daksinamurti Upanishad) So one who is facing south. Daksinamurti is the one whose form or truth is perceived by an enlightened mind (dakshina)

Dakshina also means *anukula*, favorable or kindly disposed. Lord Daksinamurti is always kindly disposed towards his devotees and seekers of knowledge. He imparts knowledge with love and compassion.

Dakshinamurti, is one of the five aspects of Shiva, the others being Nataraja, Shiva Linga, Ardhanaareeshwara and Tripurantaka. He is the embodiment of spiritual wisdom, the universal teacher of music, yoga and jnana and the destroyer of ignorance.

Swami Viditatmananda Saraswati – President

Swami Viditatmananda (Senior disciple of Pujya Swamiji) is the president of Arsha Vidya Pitham and head acharya of the Gurukulam. Having lived and worked in the USA prior to becoming a renunciate, he is familiar with the lifestyles in India and the west.

Swami Tattvavidananda Saraswati – Vice President

Swamiji is very natural in his scholarship, he is from a family of Vedic pundits and holds Ph. Ds in Chemistry and Sanskrit. Swamiji's deep immersion in the Vedic tradition is reflected in the profundity and breadth of his classes, delivered with modesty that only a true scholar can command.

Swami Muktatmananda Saraswati - Board Member & Resident Acharyas

Swami Muktatmananda is a disciple of Pujya Swamiji and Swami Viditatmananda, having undergone a three-year residential teacher training Vedanta course in India under Pujya Swamiji's guidance. Swamiji wears his depth of scholarship with great lightness, delivering the teachings with clarity and ease.

Swami Sachidananda Saraswati - Resident Acharya

Swami Sachidananda, is a disciple of Pujya Swami Dayananda Saraswati. He is known for his simple and clear exposition of the vision of Vedanta, making him accessible to modern audiences. Swamiji has been offering retreats at AVG and across the US. His journey includes a fellowship at Harvard where he focused on comparative religion.

Daily (Nitya) Abhiseka and Aratis to Lord Daksinamurti

An abhiṣeka is conducted by priests by bathing the image of the deity being worshipped, amidst the chanting of <u>mantras</u>. Usually, offerings such as <u>milk</u>, <u>yogurt</u>, <u>ghee</u>, honey, <u>panchamrita</u>, <u>sesame oil</u>, <u>rose water</u>, <u>sandalwood</u> paste may be poured among other offerings depending on the type of abhishekam being performed. This rite is routinely performed in <u>Hindu</u> temples. A Rudrābhiṣeka or abhiṣeka of <u>Rudra</u> is performed on <u>lingams</u>. A <u>Kumbhabhishekam</u> is a consecration ritual for a Hindu temple.

Arti performed at Indian temples consists of offering a camphor lamp (or oil lamp) to the Deities and then distributing it to the devotees, who line up. They hover their hands over the flame and touch their hands to their eyes, this may be done once or three times. It is the last ritual performed in Puja. Arti is also referred to as diparadhanai in Tamil,

diparadhaneKannada diparadhanamu or harati in Telugu, and diparadhana or aarathi in Malayalam.

Daily Pujas books are provided to the participants in the temple to follow Vedic chants from our priests and other members. Chanting or recitation of hymns in Sanskrit is an oral prayer, väcika karma, a means of expressing our devotion to Bhagavan. They are in the form of a simple praise or eulogy called, stuti, sukta stava etc. It can be vaidika, the source being the Vedas or from smråti, smärta. The vedokta mantras or hymns like the Gäyatri mantra, Purusha suktam or Sri Rudram have to be chanted properly with Vedic notations or svaras. This is called Vedic Chanting. The vedokta hymns are called mantras and they are chanted. There are many rules and regulations while chanting or while learning or during personal abhyäsa. The nuances can be grasped and comprehended only when taught by a live Guru. They have necessarily got to be learnt from a competent ächärya who has undergone training from his Guru in the Karna Parampara (Oral tradition)

[https://arshadrishti.org/wp-content/uploads/2016/04/Rules-of-Chanting-in-Samskritam.pdf]

General Information

Come to the Main Office (KANCHI) to pick up your key and to complete the room check-in. Please return the key at the end of your stay.

Personal Belongings: Gurukulam is not responsible for campers' and guests' personal belongings.

Parking: Please Park your vehicle in the main parking lot, at the back of the campus, or on the grass near the new building area, or in front of the large red building.

Yoga Studio: On the second floor of the Activities Center. Enter from the ground floor.

Morning tea and Coffee: Next to Temple (5.15 am - 7 am)

New Dining Hall times: 7:30 - 8:30 am, 12:30 - 2:00 pm, 3:30 - 4:45 pm & 6:45 - 7:45 pm

(Please note that the new dining hall will be closed from 2:00 - 3:30 pm for cleaning)

Arsha Vidya Bookstore: Our on-site bookstore has an extensive collection of books/audio and video materials on Vedanta and related topics.

Exercise / Gym hours: 7 am - 7 pm- Located under Bhagirathi

(Please contact the office to unlock the gym)

Shanti Trail: A walking, jogging, and biking trail on a 99-acre property

(There is a pathway between the two buildings Bhavani and Godavari that leads to the trail) You are advised to go in a group to avoid any mishaps due to the remote location and bears.

Bus Station: Easton (PA) Tel: 610 – 258 - 4400, Stroudsburg PA

(Del water Gap) 570-421-3040

Vashista New Building Complex:

The Vasistha complex is going to be our brand-new residential building consisting of 24 units, comprising of 12 units on the first floor, 12 on the second floor, replacing existing structures namely Bhavani, Godavari, and Gomati. The new complex has been named after the revered sage Vasistha.

For detailed information please contact Karthik Ramagopal on 203-788-5933 or Avg.karthikR@gmail.com

AIM for Seva: Mr. Srini Raman 248 – 979 - 8900.

Gurukulam Guidelines:

- ➤ UNAUTHORIZED RECORDING: All recordings of lectures and programs during the Course are protected by copyright.
- Footwear is not permitted in the SDVB Lecture Hall and temple premises. Coats and shoes should be left in the designated space.
- Everyone visiting or staying at the Gurukulam must wear modest clothing. Conservative (female) No shorts (male) all the time in common areas.
- ➤ Please turn off your electronic devices, including your mobile phone and tablet, in the Temple, the SDVB Lecture Hall, and the Yoga studio.
- > Intoxicants are prohibited at the Gurukulam. Smoking, drinking alcohol, using tobacco, receiving non-prescription drugs, or coming intoxicated is prohibited anywhere within the Arsha Vidya Gurukulam's Campus.
- > Pets are not allowed anywhere in the campus, including in cars or vehicles
- > Children are not permitted in the Classroom during Meditation and Lectures. You must not squat on the chair during Meditation or Lectures.
- ➤ Make sure your hearing aid battery is charged.
- > Stay silent until you leave the classroom.
- > In the temple, if you are seated in the front row, don't stretch your legs.
- > While using a computer in a public space or while remote working, make sure you never leave your laptop or tablet unattended.

Gurukulam is not obligated to provide uninterrupted internet service to campers, guests, or visitors.

There is Wi-Fi in the New Dining Hall Lobby, Temple, Tunga, and Pampa classrooms.

Thank you for your cooperation.

Emergency Tel Nos: 570-236-0424 & 203-788-5933

Upcoming Events at the Gurukulam

Nov 27-30 (Thu – Sun) Thanksgiving Family Vedanta Camp

Dec 24-31 (Wed – Wed) Year End Family Vedanta Course

Please refer to the booklet for details.

Online Registration (https://arshavidya.org/avg-course-registration/)

Puja Instructions for GFD and Archana Sponsors:

1. If you are attending Abhiseka as a Gift for a Day, Abhiseka, or Archana sponsor; kindly schedule the Sankalpa prior to the start (at 5:40 am), of the morning Abhiseka. Please keep your family Gotra and family members Birth star ready for the Sankalpa.

Sankalpa is a Sanskrit word, it means conception or idea formed in the heart or mind, solemn vow or determination to perform, desire, definite intention, volition or will. 2. If you are attending Abhiseka today as a Gift for a Day sponsor,

please inform the priest prior to the beginning of the Abhiseka. Contact: Ganesan 570 - 656 - 0197, Shivaram 570-202-6753

DAYALAYAM

May you all continue to be a recipient of
Pujya Swamiji's blessings by visiting Swamiji's Residential Cottage
(Ganga), which is named as
"Dayalayam- The Abode of Compassion"

A temple for Meditation and Silence

Monday- Friday:

Visiting Hours: 7:00 am- 1:00 pm & 3:00 pm- 8:00 pm

Saturday- Sunday:

Visiting Hours: 7:00 am- 1:00 pm & 3:00 pm- 9:00 pm

Please use exterior staircase during summer (East facing)

through deck for entrance to Meditation Hall

Don't use the old entrance through Swami TV's cottage.

Thank you for your visit and cooperation.

Arsha Vidya Counseling Center

Arsha Vidya Gurukulam is pleased to provide counseling services.

at its center in Saylorsburg PA

For an appointment, please call Dr. Chhabra (Swami Jnanananda)

at 570-350-4475 or email: dracpsych@gmail.com

॥ हस्तामलकीयम् ॥

|| Hastāmalakīyam || (Hastāmalaka-stotram)

Arsha Vidya Gurukulam
October 1-5, 2025
With Swami Advayatmananda Saraswati

शान्तिपाठः Śānti-pāṭhaḥ ॐ सहनाववतु । सहनौ भुनक्तु । सह वीर्यं करवावहै । तेजस्वि नावधीतमस्तु । ॐ शान्तिः शान्तिः शान्तिः ॥ Om saha nāvavatu l saha nau bhunaktu l saha vīryam karavāvahai l tejasvi nāvadhītam astu l mā vidvişāvahai II

Om May He, the Lord, protect us both. May He nourish us both (with knowledge). May we together make proper effort to enable this knowledge to take place. May our studies be brilliant and clear.

Om śāntiḥ śāntiḥ ll

May we not have any misunderstanding.

Om Peace, Peace, Peace.

ॐ पूर्णमदः पूर्णमिदं पूर्णात्पर्णमुदच्यते ।
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥
ॐ शान्तिः शान्तिः शान्तिः ॥

हिरः ॐ । श्रीगुरभ्यो नमः । हिरः ॐ ॥

Om pūrṇam adaḥ pūrṇam idaṁ pūrṇāt pūrṇam udacyate l
pūrṇasya pūrṇam ādāya pūrṇam evāvaśiṣyate ll
Om śāntiḥ śāntiḥ sāntiḥ ll
Hariḥ Om I Śrīgurubhyo namaḥ l Hariḥ Om II

Om - That formless reality is limitless wholeness.

This apparent reality of form is limitless wholeness.

From that limitless wholeness this limitless wholeness comes forth.

Adding form or removing form, Still, only limitless wholeness remains.

Om. Peace, Peace, Peace.

Harih Om. Reverential salutations to the illustrious teachers of our lineage. Harih Om.

॥ हस्तामलकीयम् ॥

॥ Hastāmalakīyam॥ (Hastāmalaka-stotram)

Translation by Swami Advayatmanada Saraswati

उपोद्घातश्लोकौ

Upodghāta-ślokau Introductory Verses

श्रीशङ्कराचार्य उवाच कस्त्वं शिशो कस्य कुतोऽसि गन्ता किं नाम ते त्वं कुत आगतोऽसि । एतन्मयोक्तं वद चार्भक त्वम् मत्प्रीतये प्रीति विवर्धनोऽसि ॥ १॥

śrī-śaṅkarācārya uvāca kas tvaṁ śiśo kasya kuto'si gantā kiṁ nāma te tvaṁ kuta āgato'si I etan mayoktaṁ vada cārbhaka tvam mat-prītaye prīti vivardhano'si II 1 II

Śrī-Śaṅkarācārya said

O child, who are you? Whose child are you? Where are you going? What is your name? Where do you come from? O little boy, you have kindled my affection. To satisfy my curiosity tell me that which was asked by me. (1)

हस्तामलक उवाच नाहं मनुष्यो न च देव-यक्षौ न ब्राह्मण-क्षत्रिय-वैश्य-शूद्राः । न ब्रह्मचारी न गृही वनस्थः भिक्षुर्न चाहं निजबोधरूपः ॥ २॥

hastāmalaka uvāca I nāhaṁ manuṣyo na ca deva-yakṣau na brāhmaṇa-kṣatriya-vaiśya-śūdrāḥ I na brahmacārī na gṛhī vanasthaḥ bhikṣur na cāhaṁ nija-bodha-rūpaḥ II 21I

Hastāmalaka said

I am not a man. I am not a god nor a a semi-divine being. I am not a *brāhmaṇa*, *kṣatriya*, *vaiśya*, nor *śūdra* (I belong to no socio-economic class). I am not a *brahmacārī*, *gṛhasta*, *vānaprastha*, nor *sannyāsī* (I abide in no stage of life). I am of the nature of innate awareness. (2)

हस्तामलक-स्तोत्रम्

Hastāmalaka-Stotram

श्रीमच्छङ्करभगवत्पूज्यपादशिष्यश्रीहस्तामलकाचार्यविरचितम्

śrīmac-chaṅkara-bhagavat-pūjya-pāda-śiṣya-śrī-hastāmalakācāryaviracitam

निमित्तं मनश्चक्षुरादिप्रवृत्तौ निरस्ताखिलोपाधिराकाशकल्पः । रविर्लोकचेष्टानिमित्तं यथा यः

स नित्योपलब्धिस्वरूपोऽहमात्मा ॥ १ ॥

nimittam manaś-cakṣurādi-pravṛttau nirastākhilopādhir ākāśa-kalpaḥ I ravir loka-ceṣṭā-nimittam yathā yaḥ sa nityopalabdhi-svarūpo'ham ātmā II 1 II

The self which, like space, is (inherently) free of all apparently limiting adjuncts, and which is the cause for the functioning of mind, eyes, etc., just as the sun is the cause for the activities of the world. That self whose nature is timeless awareness, I am. (1)

यमग्न्युष्णवन्तित्यबोधस्वरूपम् मनश्चक्षुरादीन्यबोधात्मकानि । प्रवर्तन्त आश्रित्य निष्कम्पमेकम् स नित्योपलब्धिस्वरूपोऽहमात्मा ॥ २ ॥

yam agnyuṣṇavan nitya-bodha-svarūpam manaś-cakṣur-ādīnyabodhātmakāni I pravartanta āśritya niṣkampam ekam sa nityopalabdhi-svarūpo'ham ātmā II 2 II

The mind, eyes, etc., which are inherently insentient, function depending upon whom (the self), whose nature is timeless awareness, like heat is the nature of fire, (the self which is) motionless, one. That self whose nature is timeless awareness, I am. (2)

मुखाभासको दर्पणे दृश्यमानः मुखत्वात्पृथक्त्वेन नैवास्ति वस्तु । चिदाभासको धीषु जीवोऽपि तद्वत् स नित्योपलब्धिस्वरूपोऽहमात्मा ॥ ३ ॥

mukhābhāsako darpaņe dṛśyamānaḥ mukhatvāt pṛthaktvena naivāsti vastu I cid-ābhāsako dhīṣu jīvo'pi tadvat sa nityopalabdhi-svarūpo'ham ātmā II 3 II

The reflection of a face being seen in a mirror is indeed not a true object (existing) separately (from the face), because its reality is (nothing but) the original face. Similarly, the individual also is a reflection of awareness (being seen) in the minds. That self whose nature is timeless awareness, I am. (3)

यथा दर्पणाभाव आभासहानौ मुखं विद्यते कल्पनाहीनमेकम् । तथा धीवियोगे निराभासको यः स नित्योपलब्धिस्वरूपोऽहमात्मा ॥ ४ ॥

yathā darpaṇābhāva ābhāsa-hānau mukhaṁ vidyate kalpanā-hīnam ekam I tathā dhī-viyoge nirābhāsako yaḥ sa nityopalabdhi-svarūpo'ham ātmā II 4 II

Just as when there is the loss of the reflection in the absence of the mirror the one face alone continues to exist without the false appearance, similarly the self, which is naturally free of the reflection (in the mind) (continues to exist) in the absence of the mind. That self whose nature is timeless awareness, I am. (4)

मनश्चक्षुरादेर्वियुक्तः स्वयं यः मनश्चक्षुरादेर्मनश्चक्षुरादिः । मनश्चक्षुरादेरगम्यस्वरूपः स नित्योपलब्धिस्वरूपोऽहमात्मा ॥ ५ ॥

manaś-cakṣur-āder viyuktaḥ svayaṁ yaḥ manaś-cakṣur-āder manaś-cakṣur-ādiḥ I manaś-cakṣur-āder agamya-svarūpaḥ sa nityopalabdhi-svarūpo'ham ātmā II 5 II

The self which itself is distinct from the mind, eyes, etc. is the mind of the mind, is the eye of the eye, etc., whose nature is unreachable by the mind, eyes, etc. That self whose nature is timeless awareness, I am. (5)

य एको विभाति स्वतः शुद्धचेताः प्रकाशस्वरूपोऽपि नानेव धीषु । शरावोदकस्थो यथा भानुरेकः स नित्योपलब्धिस्वरूपोऽहमात्मा ॥ ६ ॥

ya eko vibhāti svataḥ śuddha-cetāḥ prakāśa-svarūpo'pi nāneva dhīṣu I śarāvodaka-stho yathā bhānur ekaḥ sa nityopalabdhi-svarūpo'ham ātmā II 6 II

That one pure awareness ($\bar{A}tm\bar{a}$), revealed in a pure mind, shines distinctly of its own accord. $\bar{A}tm\bar{a}$ appears as though to be many, shining in countless minds, like the one sun present in (many) dishes of water (appears to be many). That self whose nature is timeless awareness, I am. (6)

यथानेकचक्षुःप्रकाशो रविर्न क्रमेण प्रकाशीकरोति प्रकाश्यम् । अनेका धियो यस्तथैकप्रबोधः स नित्योपलब्धिस्वरूपोऽहमात्मा ॥ ७ ॥

yathāneka-cakṣuḥ-prakāśo ravir na krameṇa prakāśīkaroti prakāśyam I anekā dhiyo yas tathaika-prabodhaḥ sa nityopalabdhi-svarūpo'ham ātmā II 7 II

Just as the sun which is the light for countless eyes does not bring to light objects to be illumined sequentially, so too, the one awareness does not illumine countless minds one-by-one. That self whose nature is timeless awareness, I am. (7)

विवस्वत्प्रभातं यथा रूपमक्षम् प्रगृह्णाति नाभातमेवं विवस्वान् । यदाभात आभासयत्यक्षमेकः स नित्योपलब्धिस्वरूपोऽहमात्मा ॥ ८ ॥

vivasvat-prabhātam yathā rūpam akṣam pragṛhṇāti nābhātamevam vivasvān I yadābhāta ābhāsayatyakṣam ekaḥ sa nityopalabdhi-svarūpo'ham ātmā II 8 II

Just as the eye knows, grasps form that is illumined by the sun, not (forms that are) unillumined, in the same manner the one sun (*Vivasvān*, ruling deity of the eyes) which itself is illumined by awareness which the self illumines the eye. That self whose nature is timeless awareness, I am. (8)

यथा सूर्य एकोऽप्स्वनेकश्चलासु स्थिरास्वप्यनन्वग्विभाव्यस्वरूपः । चलासु प्रभिन्नासु धीष्वेवमेकः स नित्योपलब्धिस्वरूपोऽहमात्मा ॥ ९ ॥

yathā sūrya eko'psvanekaś calāsu sthirāsvapyananvag-vibhāvya-svarūpaḥ I calāsu prabhinnāsu dhīṣvevam ekaḥ sa nityopalabdhi-svarūpo'ham ātmā II 9 II

Just as the one sun even though (appearing as) many in moving and still waters does not have a nature in keeping with that, in this same way the one ($\bar{A}tm\bar{a}$) (appears) in moving and distinct minds. That self whose nature is timeless awareness, I am. (9)

घनच्छन्तदृष्टिर्घनच्छन्तमर्कम् यथा निष्प्रमं मन्यते चातिमूदः । तथा बद्धवद्घाति यो मूददृष्टेः स नित्योपलब्धिस्वरूपोऽहमात्मा ॥ १० ॥

ghana-cchanna-dṛṣṭir ghana-cchannam arkam yathā niṣprabhaṁ manyate cātimūḍhaḥ I tathā baddhavad bhāti yo mūḍha-dṛṣṭeḥ sa nityopalabdhi-svarūpo'ham ātmā II 10 II

Just as an utterly confused person whose vision is covered by clouds thinks that the sun that is covered by clouds is devoid of light. In the same manner the self appears as though bound for one of deluded vision. That self whose nature is timeless awareness, I am. (10)

समस्तेषु वस्तुष्वनुस्यूतमेकं समस्तानि वस्तूनि यं न स्पृशन्ति । वियद्धत्सदा शुद्धमच्छस्वरूपम् स नित्योपलब्धिस्वरूपोऽहमात्मा ॥ ११ ॥

samasteşu vastuşvanusyūtam ekam samastāni vastūni yaṁ na spṛśanti I viyadvat sadā śuddham accha-svarūpam sa nityopalabdhi-svarūpo'ham ātmā II 11 II

No objects at all touch that one which is uninterruptedly present in all things, everpure like space, having a nature that is free of death. That self whose nature is timeless awareness, I am. (11)

उपाधौ यथा भेदता सन्मणीनाम् तथा भेदता बुद्धिभेदेषु तेऽपि । यथा चन्द्रिकाणां जले चञ्चलत्वम् तथा चञ्चलत्वं तवापीह विष्णो ॥ १२ ॥

upādhau yathā bhedatā sanmaṇīnām tathā bhedatā buddhi-bhedeṣu te'pi I yathā candrikāṇām jale cañcalatvam tathā cañcalatvam tavāpīha viṣṇo II 12 II

Just as there is the appearance of differences among pure crystals in the proximity of (various colored) objects, in the same way also, there is the appearance of differences for you in various states of minds. Just as there is (perceived) agitation for moons reflected in (agitated) water, likewise, O *Viṣṇu* your agitation appears here (in the mind) as well. (12)

॥ इति श्रीहस्तामलकाचार्यरचितं हस्तामलकसंवादस्तोत्रं सम्पूर्णम् ॥

II iti śrī-hastāmalakācārya-racitam hastāmalaka-samvāda-stotram sampūrņam II

Thus the hymn in the form of a discussion by *Hastāmalaka* (with Śrī-Śaṅkarācārya), composed by Śrī-Hastāmalaka-ācārya, is completed.

Notes

<u>Introduction</u>

सदाशिवसमारम्भां शङ्कराचार्यमध्यमाम् । अस्मदाचार्यपर्यन्तां वन्दे गुरुपरम्पराम् ॥

sadā-śiva-samārambhāṁ śaṅkarācārya-madhyamām I asmad-ācārya-paryantāṁ vande guru-pamparām II

I offer my reverential salutations to the lineage of teachers, which began with Lord Siva, whose middle link is Sankarācārya, and which extends through to my teacher.

हस्तामलकः

यथा कश्चित् हस्त-तल-स्थ-आमलक-फलम् स्पष्टम् पश्यति

तथा अयम् बालः आत्म-स्वरूपम् स्पष्टम् जानाति ।

yathā kaścit hasta-tala-stha-āmalaka-phalam spaṣṭam paśyati tathā ayam bālaḥ ātma-svarūpam spaṣṭam jānāti I

This boy clearly knows the true nature of the self as clearly as one sees the amla fruit on the palm of the hand.

कैवल्य-उपनिषद् १८ Kaivalya-upaniṣad 18

त्रिषु धामसु यद् भोग्यम् भोक्ता भोगश्च यद् भवेत् ।

तेभ्यो विलक्षणः साक्षी चिन्मात्रोऽहं सदाशिवः ॥ १८॥

trișu dhāmasu yad bhogyam bhoktā bhogaś ca yad bhavet I tebhyo vilakṣaṇaḥ sākṣī cin-mātro'haṁ sadā-śivaḥ II 18 II

I am the witness, distinct from the (divisions) of experienced, the experiencer, and the experience in the three states of experience. I am purely awareness, ever auspicious. (18)

विवेकचूडामणि

धन्योऽहं कृतकृत्योऽहं विमुक्तोऽहं भव-ग्रहात् । नित्यानन्द-स्वरूपोऽहं पूर्णोऽहं तद्-अनुग्रहात् ॥ ४८९ ॥

dhanyoʻham kṛtakṛtyoʻham vimuktoʻham bhava-grahāt I nityānanda-svarūpoʻham pūrṇoʻham tad-anugrahāt II 489 II

I am blessed! I have accomplished all that is to be accomplished! I am absolutely free from the clutches of samsāra! My very nature is source of limitless joy. I am complete, whole due to your grace. (489)

Introductory Verses

इन्द्रवजाछन्दस्

indra-vajrā-chandas Meter that is akin to Indra's thunderbolt

4 x 11

"त त ज ग ग"

त = -- da da dit

ज = ˘-˘ dit da dit

 $\pi = da$

da da dit da da dit da dit da da

Stotram

<u>Introduction</u>

हस्तामलक-स्तोत्र-भाष्यम् Excerpt from Hastāmalaka-stotra-bhāṣyam introduction इह हि सर्वस्य जन्तोः सुखं मे भूयात् दुःखं मे मा भूयात् । ... यः कश्चित् पुण्य-अतिशय-शाली ... विरक्तश्च संसारहानौ यतते । संसारस्य च आत्मस्वरूपापरिज्ञानकृतत्वात् आत्मज्ञानान्निवृत्तिरिति तं प्रत्यात्मज्ञानमाचार्य उपदिशति

iha hi sarvasya jantoḥ sukhaṁ me bhūyāt duḥkhaṁ me mā bhūyāt I ... yaḥ kaścit puṇya-atiśaya-śālī ...viraktaś ca saṁsāra-hānau yatate I saṁsārasya ca ātma-svarūpa-aparijñāna-kṛtatvāt ātma-jñānāt nivṛttiḥ iti taṁ prati ātma-jñānam ācārya upadiśati I

It is well known (that the two motivating factors) for every being in the world (take the form of) "May there be happiness for me" and "May I experience no suffering". .. someone blessed with an abundance of puṇyam, grace ... (After puruṣārtha-vicāra) who has vairagya (indifference towards trivial pursuits) endevours to attain the cessation of saṁsāra (struggle and suffering due to selfignorance), knowing that saṁsāra is caused by failure to recognize the truth of oneself, and its removal is due to self-knowledge. And thus the ācārya (in the form of this boy) teaches self-knowledge to him.

मुण्डक-उपनिषद् १.२.१२ Muṇḍaka-upaniṣad 1.2.12

परीक्ष्य लोकान् कर्मचितान् ब्राहमणो निर्वेदमायान्नास्त्यकृतः कृतेन । तद्विज्ञानार्थं स गुरुमेवाभिगच्छेत्

समित्पाणिः श्रोत्रियं ब्रह्मनिष्ठम् ॥ १.२.१२ ॥

parīkṣya lokān karmacitān brāhamaṇo nirvedamāyānnāstyakṛtaḥ kṛtena I tadvijñānārthaṁ sa gurumevābhigacchet samitpāṇiḥ śrotriyaṁ brahmaniṣṭham II 1.2.12 II May a *brāhmaṇa*, a person with discrimination, having examined his experiences which are produced through action, gain *vairāgya* through the understanding 'nothing eternal (*mokṣa*) is produced by action', (and) for the purpose of gaining the knowledge of that (which is auspicious and eternal), approach a teacher in a traditional manner, with *śraddhā*, (a teacher) who both knows the traditional teaching methodology, and whose self-identity rests firmly in the vision of himself as *Brahman* (or who is dedicated to that pursuit) (1.2.12)

भुजङ्गप्रयातछन्दस्

bhujaṅga-prayāta-chandas Meter that has a snake-like movement

4 x 12

"य य य य"

य = ~- dit dā dā

dit dā dā dit dā dā dit dā dā

Verse 1

उपाधि-लक्षणम् Upādhi-lakṣaṇam - Definition of upādhi

उप समीपे स्थित्वा स्वीयं धर्मं अन्यत्र आद्धाति इति उपाधिः

upa samīpe sthitvā svīyam dharmam anyatra ādadhāti iti upādhiḥ

Due to its mere proximity, an upādhi lends its own attributes to another (which does not posess those attributes)

ईश्वरो गुरुरात्मेति मूर्तिभेदविभागिने । व्योमवद्व्याप्तदेहाय दक्षिणामूर्तये नमः ॥

īśvaro gurur ātmeti mūrti-bheda-vibhāgine I vyomavad-vyāpta-dehāya dakṣiṇāmūrtaye namaḥ II

Salutations to Śrī-Dakṣiṇāmūrti who manifests as-though divided into the three forms of Lord, teacher, and the individual self, but whose true form is all-pervasive, like space.

आकाशः अवकाश-प्रदाता ।

ākāśaḥ avakāśa-pradātā |

Space is that which gives room, provides accommodation

व्योमवत् - घट-आकाशः & महा-आकाशः

vyomavat - ghaṭa-ākāśaḥ & mahā-ākāśaḥ Like the space within and outside of a pot

आत्मा आकाशवत् स्वगत-सजातीय-भेद-रहितः निराकारः ।

Ātmā ākāśavat nirākāraḥ svagata-sajātīya-bheda-rahitaḥ

The self, similar to space, is formless, free of internal division and division due to a similar external other.

अध्यास-लक्षणम् Adhyāsa-lakṣaṇam Definition of superimposition

अतस्मिन् तत्बुद्धिः, रजौ असर्पे सर्प-बुद्धिः

atasmin tat-buddhiḥ, rajau asarpe sarpa-buddhiḥ

Adhyāsa is having the notion of something in regard to something it is not

Like the having notion of a snake in regard to a rope, which is not a snake

अन्योन्य-अध्यासः तप्त-लोह-पिण्ड-वत

Anyonya-adhyāsaḥ tapta-loha-piṇḍa-vat

Mutual superimposition is like a red-hot iron ball

अध्यास-भाष्यम् From Adhyāsa-bhāṣyam

युष्पद्-प्रत्यय-गोचर

yuṣmad-pratyaya-gocara - referent of the "You"-thought i.e. idam-pratyaya-viṣaya, object of the "This"-thought

अस्मद्-प्रत्यय-गोचर

asmad-pratyaya-gocara - referent of the "I"-thought i.e. aham-pratyaya-viṣaya, object of the "I"-thought

तमः-प्रकाशवद् विरुद्ध-स्वभावः

tamaḥ-prakāśavad viruddha-svabhāvaḥ Have natures as different as darkness and light

संसार-कारणम् आत्मनि अनात्मनः अविद्या-ज-अध्यासः

saṃsāra-kāraṇam ātmani anātmanaḥ avidyā-ja-adhyāsaḥ The cause of saṁsāra is ignorance-born superimposition of the not-self upon the self

तम् एतम् अविद्या-आख्यम् आत्म-अनात्मनोः इतरेतर-अध्यासम् पुरस्-कृत्य सर्वे प्रमाण-प्रमेय-व्यवहाराः लौकिकाः वैदिकाः च प्रवृत्ताः । (आत्मनि प्रमातृत्वम् कर्तृत्वम् च अध्यस्ते)

tam etam avidyā-ākhyam ātma-anātmanoḥ itaretara-adhyāsam puras-kṛtya sarve pramāṇa-prameya-vyavahārāḥ laukikāḥ vaidikāḥ ca pravṛttāḥ I (ātmani pramātṛtvam kartṛtvam ca adhyaste)

Operating on the erroneous premise of this mutual superimposition of the self and non-self, which is called ignorance, all secular and sacred activities involving means of knowledge and objects of knowledge operate (knowership and agency being superimposed upon the self)

"मनश्-चक्षुर्-आदि manaś-cakṣur-ādi" mind, eye, etc.

19-part सूक्ष्म-शरीर sūkṣma-śarīra subtle body

- (4) "मनः" = अन्तःकरणम् manaḥ = antaḥkaraṇam mind मनस्, बुद्धिः, चित्तम्, अहंकारः manas, buddhiḥ, cittam, ahaṅkāraḥ mind, intellect, memory, "I"-thought
- (5)"चक्षुस्" पञ्च-ज्ञानेन्द्रियाणि "cakṣus" pañca-jñānendriyāṇi 5 Sense Capacities

श्रोत्र त्वक् चक्षुः जिह्वा (रसना) घ्राण śrotra tvak cakṣuḥ jihvā (rasanā) ghrāṇa ears, skin, eyes, tongue, nose.

(5) पञ्च-कर्मेन्द्रियाणि pañca-karmendriyāṇi 5 capacities for action वाक्-पाणि-पाद-पायु-उपस्थvāk pāṇi pāda pāyu upastha speech, hands, feet, anus and genitals

आदि "ādi" "first" - comes to mean "etc." at end of a compound

(5) पञ्च-प्राणाः - pañca-prāṇāḥ 5 enlivening forces; autonomic nervous system प्राण अपान व्यान उदान समानाः

prāṇa apāna vyāna udāna samāna

breath evacuation / rejection circulation digestion reverse processes

Plus स्थूल-शरीर sthūla-śarīra physical body

= कार्य-करण-सङ्घात kārya-karaṇa-saṅghāta body-mind-sense-complex

केण-उपनिषद् Kena-upaniṣad

श्रोत्रस्य श्रोत्रं मनसो मनो यद्वाचो ह वाचं स उ प्राणस्य प्राणः । चक्षुषश्चक्षुरतिमुच्य धीराः प्रेत्यास्माल्लोकादमृता भवन्ति ॥ २ ॥

śrotrasya śrotram manaso mano yad vāco ha vācam sa u prāṇasya prāṇaḥ I cakṣuṣaś cakṣur atimucya dhīrāḥ pretyāsmāl lokād amṛtā bhavanti II 2 II

(The self is) the ear of the ear, the mind of the mind, the speech of speech, the prāṇa of prāṇa, and the eye of the eye. The wise, giving up self-misidentification with the ear etc. (the *upādhi*), desisting from this world (of endless seeking), become immortal (gain *mokṣa*).

जाति-गुण-क्रिया-संबन्धाः इति शब्द-प्रवृत्ति-हेतुः

jāti-guṇa-kriyā-saṃbandhāḥ iti śabda-pravṛtti-hetuḥ mode, scope of the activity of language - Class, attribute, action, relationship

अध्यारोप-अपवादः

adhyāropa-apavādaḥ

Teaching methodology of assuming provisional dualistic perspectives to lead student to an understanding, then removing that provisional perspective.

आत्म-शब्द-व्युत्पत्तिः Ātma-śabda-vyutpattiḥ - Etymological derivation of the word "Ātmā" From Liṅgapurāṇa 1-70-96; Quoted by Śaṅkarācārya in Kaṭhopaniṣadbhāṣyam 2.1&

4.1

यच्चाप्नोति यदादत्ते यच्चात्ति विषयानिह । यच्चास्य सन्ततो भावः तस्मादात्मेति कीर्त्यते ॥

yat ca āpnoti yat ādatte yat ca atti viṣayān iha I yat ca asya santataḥ bhāvaḥ tasmāt ātmā iti kīrtyate II

Because it pervades all (as existence itself), resolves all into itself (as *mithyā* resolves into *satyam*), experiences (as a *jīva*) all objects here in this world, and enjoys permanent existence, therefore (through these etymological derivations) it (the self) is called $\bar{A}tm\bar{a}$.

श्रि दक्षिणामूर्ति-स्तोत्रम् Śrī Dakṣiṇāmūrti Stotram vs2 यस्य एव स्फुरणं सत्-आत्मकम् असत्-कल्प-अर्थ-गं भासते

yasya eva sphuraṇaṃ sat-ātmakam asat-kalpa-artha-gaṃ bhāsate
Whose awareness alone, which is of the nature of existence shines, obtaining in
the the world which itself has no existence of its own,

माण्डुक्य-उपनिषद् Māṇḍukya-upaniṣad

ॐ इत्येतदक्षरिमदँ सर्वं तस्योपव्याख्यानं भूतं भवद्भविष्यदिति सर्वमोङ्कार एव। तच्चान्यत् त्रिकालातीतं तदप्योङ्कार एव ॥ १ ॥

om ityetad akṣaram idam sarvam tasyopavyākhyānam bhūtam bhavad bhaviṣyad iti sarvam oṅkāra eva I tac cānyat trikālātītam tad apyoṅkāra eva II 1 II

This syllable Om is all this. An explanation of that - The past, present, and future - all this is only $O\dot{m}k\bar{a}ra$. And that other which is beyond the three-fold time, that also is only $O\dot{m}k\bar{a}ra$.

Verse 2

बृहदारण्यक-उपानिषद् ४.३.२३ Bṛhadāraṇyaka-upāniṣad 4.3.23

न हि द्रष्टुः दृष्टेः विपरिलोपः विद्यते ।

na hi drastuh drsteh viparilopah vidyate I

There is no destruction of the dṛṣṭi, sight of the seer

Verse 3

आत्मनः एकत्वे सुख-दुःखादि-व्यवस्था न स्यात् । यदा एकः दुःखी भवति, तदा सर्वे दुःखिनः भवेयुः

ātmanaḥ ekatve sukha-duḥkhādi-vyavasthā na syāt | yadā ekaḥ duḥkhī bhavati, tadā sarve duḥkhinaḥ bhaveyuḥ

If there is but if one Ātmā (as you say in the previous verse) there would be no regularity, order, consistency regarding our experience of happiness and sorrow etc.. When one becomes sad, all should become sad.

अवच्छेद-वाद avaccheda-vāda conditioning model प्रतिबिम्ब-वाद pratibimba-vāda reflection model

सत्यम् मिथ्या तुच्छम् satyam mithyā tuccham

सत्यम् - त्रिकालेऽपि तिष्ठति अबाधितव्यम्।

satyam - trikāle'pi tiṣṭhati abādhitavyam

Absolute truth, reality is that which abides in all three periods of time, unfalsifiable

तुच्छम् tuccham

Atyanta-abhāva Absolute non-existence

शश-विषाणम् śaśa-viṣāṇam Horns of a hare

वन्ध्या-पुत्रः vandhyā-putraḥ Son of a childless woman

गन्धर्व-नगरम् gandharva-nagaram city in the clouds

Square circle

मिथ्यात्व-लक्षणानि Mithyātva-lakṣaṇāni Definition of of mithyātvam

सदसद्भ्याम् अनिर्वचनीयम्

sad-asadbhyām anirvacanīyam Cannot catagorically be said to be real nor unreal

अधिष्ठान-अनन्यत्

adhiṣṭhāna-ananyat Not other than its substratum

प्राक्-प्रध्वंस-अभाववत्

prāk-pradhvaṁsa -abhāvavat Possessing a prior and posterior non-existence

नाम्नि नामानि ।

nāmni nāmāni I Names within names

सत् चेत् न बाध्येत, असत् चेत् न प्रतीयेत ।

sat cet na bādhyeta, asat cet na pratīyeta I If it were totally real, it could not be falsified; if it were totally unreal, it would not be perceived

नासतो विद्यते भावो नाभावो विद्यते सतः ।

उभयोरपि दृष्टोऽन्तस्त्वनयोस्तत्त्वदर्शिभिः ॥२-१६॥

nāsato vidyate bhāvo nābhāvo vidyate sataḥ I ubhayorapi dṛṣṭo'ntastvanayostattvadarśibhiḥ II 2-16 II

For the unreal (mithyā), there is never any being. For the real, there is never any non-being. The ultimate truth of both of these is seen by the knowers of the truth.

अर्थ-अध्यासः artha-adhyāsaḥ object superimposition of an object

Superimposed thing disappears in the wake of knowledge

रज्जु-सर्पवत् rajju-sarpavat like the rope-snake

ज्ञान-अध्यासः - jñāna-adhyāsaḥ conceptual superimposition

The experience of the superimposed thing continues even in the wake of knowledge

मरीचि-उदकवत् marīci-udakavat like the mirage

Verse 4

भगवद्-गीता ॥२.२०॥ Bhagavad-gītā 2.20

न जायते म्रियते वा कदाचिन्नायं भूत्वाभविता वा न भूयः । अजो नित्यः शाश्वतोऽयं पुराणो न हन्यते हन्यमाने शरीरे ॥ २.२० ॥

na jāyate mriyate vā kadācinnāyam bhūtvābhavitā vā na bhūyaḥ I ajo nityaḥ śāśvato'yam purāṇo na hanyate hanyamāne śarīre II 2.20 II

This (self) is never born; nor does it die. It is not that, having been, it ceases to exist again. This (self) is unborn, eternal, undergoes no change whatsoever, and is ever new. When the body is destroyed, it is not destroyed.

भगवद्-गीता-शाङ्कर-भष्यम् १३.३(२) Bhagavad-gītā-śāṅkara-bhaṣyam 13.3(2) तस्मात् अविद्यामात्रं संसारः यथादृष्टविषयः एव ।

tasmāt avidyāmātram samsāraņ yathādṛṣṭaviṣayaṇ eva I Therefore samsāra, worldly experience, is simply (a function of) ignorance, whose province is just as it is experienced.

न हि ऊषरदेशं स्नेहेन पङ्कीकर्तुं शक्नोति मरीच्युदकम् ।

na hi ūṣaradeśaṁ snehena paṅkīkartuṁ śaknoti marīcyudakam I Indeed mirage water has no power to turn desert sand into mud with its moisture.

षड्प्रमाणानि şad-pramāṇāni 6 means of knowledge

- प्रत्यक्षम् pratyakṣam Direct perception sensory or sākṣi-bhāsya
- अनुमानम् anumānam Inference
- अर्थापत्तिः arthāpattiḥ Postulation; Presumption; Circumstantial implication
- उपमानम् upamānam Comparison, example
- अनुपलब्धिः anupalabdhiḥ Non-perception/non-cognition
- হাৰ্ব্: śabdaḥ Word, testimony, language (Veda)

अनव्य-व्यतिरेकाभ्यां व्याप्ति-सिद्धिः

anavya-vyatirekābhyām vyāpti-siddhiḥ Invariable concomitance by is established means of analysis of mutual presence and mutual absence

अवयवी avayavī syllogism

पर्वतो वह्निमान् धूमवत्वात् यथा महानसः ।

parvato vahnimān dhūmavatvāt yathā mahānasaḥ I The mountain has fire because it is has smoke, as in a kitchen

प्रतिज्ञा Pratijñā - Proposition

पर्वतो वह्निमान् parvato vahnimān - The mountain is on fire

हेत् Hetu - Reason

धूमवतात् dhūmavatvāt - due to the presence of smoke on the hill

उदाहरण Udāharaṇa - Phrase presenting the vyāpti by means of an example

यो यो धूमवान् स स वह्निमान् यथा महानसः

Whatever has smoke, that will have fire, just like the kitchen

अन्वय-व्याप्तिः - यत्र यत्र धूमस् तत्र तत्र वहिः

anvaya-vyāptiḥ - yatra yatra dhūmas tatra tatra vahniḥ I Invariable co-presence - Wherever there is smoke there is fire.

व्यतिरेक-व्याप्तिः - यत्र यत्र वह्निर्नास्ति तत्र तत्र धूमो ऽपि नास्ति ।

vyatireka-vyāptiḥ - yatra yatra vahnir na asti tatra tatra dhūmo 'pi na asti I Invariable co-absence - Wherever there is no fire there also is no smoke.

यत् अनुवृत्तं तत् व्यावृत्तेभ्यः भिन्नं यथा सूत्रं पुष्पेभ्यः

yat anuvṛttaṁ tat vyāvṛttebhyaḥ bhinnaṁ yathā sūtraṁ puṣpebhyaḥ I That which continues uninterrupted is different, independent from that which comes and goes, like the thread is different from the flowers (in a garland)

घट-उपाधि-अवच्छिन्न-आकाशः, अन्तःकरण-उपाधि-अवच्छिन्न-चैतन्यम्

ghaṭa-upādhi-avacchinna-ākāśaḥ antaḥkaraṇa-upādhi-avacchinna-caitanyam space conditioned by the pot-upādhi, awareness conditioned by the mind-upādhi

अध्यास-भाष्यम् Adhyāsa-bhāṣyam excerpt

तस्मादविद्यावद्विषयाण्येव प्रत्यक्षादीनि प्रमाणानि शास्त्राणि चेति।

tasmād avidyāvad-viṣayāṇyeva pratyakṣādīni pramāṇāni śāstrāṇi cetil

Therefore, it follows that the means of knowledge such as direct perception etc. as well as the scriptures must have as their locus one who is ignorance-based (*pramātā* being a product of ignorance).

Verse 5

विवेकचूडामणि १५५ Vivekacūḍāmaṇi 155

मुञ्जादिषीकमिव दृश्यवर्गात् पत्यंचमात्मानमसङ्गमक्रियम् । विविच्य तत्र प्रविलाप्य सर्वं तदात्मना तिष्ठति यः स मुक्तः ॥ १५५ ॥

muñjād iṣīkam iva dṛśya-vargāt patyaṁcam Ātmānam asaṅgam akriyam I vivicya tatra pravilāpya sarvaṁ tad-ātmanā tiṣṭhati yaḥ sa muktaḥ II 155

He is free, who separating the unassociated innermost self, the subject - which is actionless - from the whole host of objects as even separating the inside stalk from the *muñja* grass and resolving everything there in that $\bar{A}tm\bar{a}$ stays, by knowledge, as that very $\bar{A}tm\bar{a}$.

भगवद्-गीता-शाङ्कर-भष्यम् १८.५० Excerpts from Bhagavad-gītā-śāṅkarabhaṣyam 18.50

सर्वत्र बुद्धि-आदि-देह-अन्ते आत्म-चैतन्य-आभासता आत्म-भ्रान्ति-कारणम् इति अतः च आत्म-विषयं ज्ञानं न विधातव्यम् ।

sarvatra buddhi-ādi-deha-ante ātma-caitanya-ābhāsatā ātma-bhrānti-kāraṇam iti ataḥ ca ātma-viṣayaṁ jñānaṁ na vidhātavyam I

Everywhere (there is self-misidentification), it is the mere appearance / reflection of $\bar{A}tma$ -caitanya (awareness that is the $\bar{A}tm\bar{a}$) in that which starts with the buddhi and ends with the body (i.e. in the $j\bar{i}va$ -up $\bar{a}dhi$) that is the cause of the error regarding the $\bar{A}tm\bar{a}$. And therefore, knowledge pertaining to the $\bar{A}tm\bar{a}$ is not to subject to being enjoined (ordained by some rule to be accomplished by an action).

किं तर्हि ? नाम-रूप-आदि-अनात्म-अध्यारोपण-निवृत्तिः एव कार्या,

kiṃ tarhi ? nāma-rūpa-ādi-anātma-adhyāropaṇa-nivṛttiḥ eva kāryā What then? What is to be undertaken is merely the cessation / cognitive eradication of the superimposition (upon the Ātmā) of anātmā (not-self) which is nothing but name and form (mithyā).

अविद्या-अध्यारोपित-सर्व-पदार्थ-आकारैः अविशिष्टतया दृश्यमानत्वात् इति ।

avidyā-adhyāropita-sarva-padārtha-ākāraiḥ aviśiṣṭatayā dṛśyamānatvāt iti ... (after Ātma-anātma-viveka) Ātmā is cognized as unqualified, unconditioned by all of the forms, objects superimposed by ignorance. (upon it)

... तस्मात् अविद्या-अध्यारोपित-निराकरण-मात्रं ब्रह्मणि कर्तव्यम्,

... tasmāt avidyā-adhyāropita-nirākaraņa-mātram brahmaņi kartavyam,

Therefore, what is to be achieved is merely the abandonment of that which has been superimposed by ignorance upon *Brahman*,

न तु ब्रह्म-विज्ञाने यत्नः, अत्यन्त-प्रसिद्धत्वात् ।

na tu brahma-vijñāne yatnaḥ, atyanta-prasiddhatvāt I

but there is no effort (required) in respect to the cognizance of *Brahman*, because of being absolutely self-evident!

अविद्या-किल्पित-नाम-रूप-विशेष-आकार-अपहृत-बुद्धीनाम् अत्यन्त-प्रसिद्धं सुविज्ञेयम् आसन्नतरम् आत्म-भूतम् अपि, अप्रसिद्धं दुर्विज्ञेयम् अतिदूरम् अन्यत् इव च प्रतिभाति अविवेकिनाम् ।

avidyā-kalpita-nāma-rūpa-viśeṣa-ākāra-apahṛta-buddhīnām atyanta-prasiddhaṁ suvijñeyam āsannataram ātma-bhūtam api, aprasiddhaṁ durvijñeyam atidūram anyat iva ca pratibhāti avivekinām I

For those who lack *viveka* (discrimination), whose minds are carried away by the various appearances of names and forms imagined through ignorance, (this *Brahman*), even though being absolutely self-evident, effortlessly cognized, nearer (than all else), being one's very self, appears as though hidden / remote, difficult to know, very distant, and other (than oneself).

बाह्य-आकार-निवृत्त-बुद्धीनां तु लब्ध-गुरु-आत्म-प्रसादानां न अतः परं सुखं सु-प्रसिद्धं सु-विज्ञेयं सु-आसन्नतरम् अस्ति । तथा च उक्तम् — 'प्रत्यक्ष-अवगमं' (भ. गी. ९-२) इति-आदि ॥

bāhya-ākāra-nivṛtta-buddhīnāṁ tu labdha-guru-ātma-prasādānāṁ na ataḥ paraṁ sukhaṁ su-prasiddhaṁ su-vijñeyaṁ su-āsannataram asti I

But on the other hand, for those whose minds have turned away from external appearances, who have obtained the grace of a teacher, and quietude of mind / grace of oneself, there is no greater joy, nothing more evident, well-known, nearer to oneself than that (*Brahman*).

Verse 6

एकः "ekaḥ" one

अद्वितीयः - नास्ति द्वितीयं यस्य

advitīyaḥ - nāsti dvitīyaṃ yasya

That for which there is no second thing

सजातीय-विजातीय-स्वगत-भेद-रहितम्

sajātīya-vijātīya-svagata-bheda-rahitam
Free of division within its class, outside of its class, or within itself

Verse 9

भगवद्-गीता १४.१९ Bhagavad-gītā 14.19

नान्यं गुणेभ्यः कर्तारं यदा द्रष्टानुपश्यति । गुणेभ्यश्च परं वेत्ति मद्भावं सोऽधिगच्छति ॥ १४.१९ ॥

nānyam guṇebhyaḥ kartāram yadā draṣṭānupaśyati I guṇebhyaś ca param vetti mad-bhāvam so'dhigacchati II 14.19 II

When the seer does not see an agent other than the guna-s; and when he knows (himself as) beyond the guna-s; he gains (understands) My nature.

Verse 10

भगवान् Bhagavān

भग + मतुप् - भगः अस्य अस्ति bhaga + matup - bhagaḥ asya asti

For him there is bhaga

ऐश्वर्यम् वीर्यम् (शक्तिः) यशस् श्री ज्ञानम् वैराग्यम् इति भगः

aiśvaryam vīryam (śaktiḥ) yaśas śrī jñānam vairāgyam iti bhagaḥ Bhaga means absolute overlordship, power, glory, wealth, knowledge, dispassion

भावे भावः अभावे अभावः

bhāve bhāvaḥ abhāve abhāvaḥ When present, it is present, when absent, it is absent

गौडपाद-कारिका Gaudapāda-kārikā

आदावन्ते च यन्नास्ति वर्तमानेऽपि तत्तथा ।

वितथैः सदृशाः सन्तः अवितथा इव लक्षिताः ॥ २.६ ॥ & ॥ ४-३९ ॥

ādāvante ca yan nāsti vartamāne'pi tat tathā I vitathaiḥ sadṛśāḥ santaḥ avitathā iva lakṣitāḥ II 2.6 II & II 4-39 II

That which does not exist in beginning (past) and in the end (future) is similarly (non-existent) in the present. Although being false ($mithy\bar{a}$), they are regarded as real.

कठोपनिषद् १.३.१४ Kathopanisad 1.3.14

उत्तिष्ठत जाग्रत प्राप्य वरान् निबोधत ।

uttiṣṭhata jāgrata prāpya varān nibodhata I

Get up from your slumber! Awaken from the sleep of ignorance! Gain the knowledge, having approached the excellent ones (the knowers of truth).

कठोपनिषद्शाङ्करभाष्यम् १.३.१४ Kaṭha-upaniṣad-śāṅkara-bhāṣyam 1.3.14 न हि उपेक्षितव्यम् इति श्रुतिः अनुकम्पया आह मातृवत्, अतिसूक्ष्म-बुद्धि-विषयत्वात ज्ञेयस्य ।

na hi upekṣitavyam iti śrutiḥ anukampayā āha mātṛvat, atisūkṣma-buddhiviṣayatvāta jñeyasya I

Like a mother, the scriptures say out of compassion that (Self-knowledge) is not to be neglected, for what is to be understood requires a very refined mind.

स्वात्म-याथात्म्य-ज्ञानेन मरीचि-उदक-रज्जु-सर्प-गगन-मलानि इव मरीचि-रज्जु-गगन-स्वरूप-दर्शनेन एव स्वस्थः प्रशान्तः कृतकृत्यः भवति ...

... svātma-yāthātmya-jñānena marīci-udaka-rajju-sarpa-gagana-malāni iva marīci-rajju-gagana-svarūpa-darśanena eva svasthaḥ praśāntaḥ kṛtakṛtyaḥ bhavati ...

Just as the water of a mirage, a snake superimposed on a rope, and dirt attributed to the sky (are eliminated) by the perception of truth underlying the mirage, snake, and sky, similarly, by the knowledge of the true nature of oneself (false superimpositions that are attributed oneself are removed, and) one abides naturally in oneself ($\bar{A}tm\bar{a}$), absolutely at peace, having nothing more to be accomplished.

Verse 11

भगवद्-गीता ७-७ Bhagavad-gītā 7-7

मत्तः परतरं नान्यत्किञ्चिदस्ति धनञ्जय । मयि सर्वमिदं प्रोतं सूत्रे मणिगणा इव ॥७-७॥

mattaḥ parataraṁ nānyat kiñcid asti dhanañjaya I mayi sarvam idaṁ protaṁ sūtre maṇi-gaṇā iva 117-711

O Dhanañjaya, there is no other cause superior to Me. All this is woven (has its being) in Me, like the beads on a string.

भगवद्-गीता-शाङ्कर-भाष्यम् २.१६ Bhagavad-gītā-śāṅkara-bhāsyam 2.16

सर्वत्र बुद्धिद्वयोपलब्धेः, सद्बुद्धिरसद्बुद्धिरिति । यद्विषया बुद्धिर्न व्यभिचरित, तत् सत् ; यद्विषया व्यभिचरित, तदसत्

sarvatra buddhi-dvayopalabdheḥ, sad-buddhir asad-buddhir iti I yad-viṣayā buddhir na vyabhicarati, tat sat ; yad-viṣayā vyabhicarati, tad-asat I

For everywhere, in all cognitions there are two *buddhi-s*, a two-fold cognizance - 1) *sat-buddhi -* cognizance of the truly existent, and 2) *asat-buddhi -* cognizance of that which has no inherent existence. The cognition pertaining to that thing which undergoes no change, that thing is existence itself; That cognition pertaining to that thing which does undergo change, that thing is in essence non-existent, i.e. *mithyā*.

Verse 12

हस्तामलक-भाष्यम् Hastāmalaka-bhāṣyam

परमार्थतः तु तव भेदः नास्ति एव बुद्धि-उपाधि-कृतः तु विद्यते इत्यर्थः। चञ्चलत्वम् औपाधिकं न पारमार्थिकम्

Paramārthataḥ tu tava bhedaḥ nāsti eva buddhi-upādhi-kṛtaḥ tu vidyate ityarthaḥ I cañcalatvam aupādhikaṃ na pāramārthikam I

But in truth there is no division, multiplicity for you; division, mulitiplicity is created by the *upādhi* mind. Agitation belongs truly to the *upādhi*



Swami Advayatmananda Saraswati www.ArshaDrishti.org © 2025

