



सदाशिवसमारम्भां शङ्कराचार्यमध्यमाम्
अस्मदाचार्यपर्यन्तां वन्दे गुरुपरम्पराम्

Arsha Vidya Gurukulam

2026 Patron I Vedanta Retreat

Beginning on: Thursday Aug 27 at 8 PM

Concludes on: Sunday Aug 30 at 12:30 PM

Topic 1: *Dṛg-Dṛśya-Viveka* 14-20 (Swami Tattvavidananda Saraswatiji)

Topic 2: Ashtavakra Gita Ch18 (Swami Sachidananda Saraswatiji)

Arsha Vidya Gurukulam

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2026 Patron I Vedanta Retreat

Venue: Swami Dayananda Vijñāna Bhavana

Thursday, Aug 27

8:00-9:00 pm - Orientation and Introductory Satsang with Swami Tattvavidananda Saraswati

Friday, Aug 28 – Saturday, Aug 29

7:00 – 8:15am: Guided Meditation and *Dr̥g-Dr̥śya-Viveka Class* by Swami Tattvavidananda Saraswati

10:30 – 11:30am: Ashtavakra Gita *class* by Swami Sachidananda Saraswatiji

4:30 - 5:30pm: *Dr̥g-Dr̥śya-Viveka Class* by Swami Tattvavidananda Saraswati

8:00 – 9:00pm: Satsang (Q&A) with Swami Tattvavidananda Saraswati

Sunday, Aug 30 – Retreat Concluding Day

7:00 - 7:30 am: Guided Meditation by Swami Tattvavidananda Saraswati

9:00 - 10:00am: Ashtavakra Gita *class* by Swami Sachidananda Saraswatiji

10:00 – 11:00am Rooms Check out time

11:25 - 12:15pm *Dr̥g-Dr̥śya-Viveka Class* by Swami Tattvavidananda Saraswati

followed by Guru Daksina

Temple Schedule:

Daily Morning Ganapati Homa	5:15 am
Daily Morning Abhishekam to Lord Daksinamurti and Ganesa	5:45 am
Daily Afternoon Aarti to Lord Daksinamurti	12:15 pm
Daily Evening Aarti to Lord Daksinamurti	6:15 pm

Swami Dayananda Annakshetra Schedule:

Morning Tea/Coffee/Warm Water (Next to Temple)	5:15 am
Breakfast	7:30 – 9:00 am
Lunch	12:30 – 2:00 pm
Tea/Coffee/Warm Water	3:30 – 4:45 pm
Dinner	6:30 – 7:45 pm

Gurukulam Seva: 1:30 – 2:30pm

दृग्-दृश्य विवेकः, पञ्चमो भागः

सृष्टिर्नाम ब्रह्मरूपे सच्चिदानन्दवस्तुनि । अब्धौ फेनादिवत् सर्वनामरूपप्रसारणा ॥ १४ ॥

*ṣṣṭīrṇāma brahmarūpe saccidānandavastuni ।
abdhau phenādivat sarvanāmarūpaprasāraṇā ॥ 14 ॥*

अन्तर्दृग्दृश्ययोर्भेदं बहिश्च ब्रह्मसर्गयोः । आवृणोत्यपरा शक्तिः सा संसारस्य कारणम् ॥ १५ ॥

*antardrgdṛśyayorbhedam bahiśca brahmasargayoh ।
āvṛṇotyaparā śaktiḥ sā saṁsārasya kāraṇam ॥ 15 ॥*

साक्षिणः पुरतो भाति लिङ्गं देहेन संयुतम् । चित्तिच्छाया समावेशाज्जीवः स्याद्वावहारिकः ॥ १६ ॥

*sākṣiṇaḥ purato bhāti liṅgaṁ dehena saṁyutam ।
citicchāyā samāveśājjīvaḥ syādvyaāvahārikaḥ ॥ 16 ॥*

अस्य जीवत्वमारोपात् साक्षिण्यप्यवभासते । आवृतौ तु विनष्टायां भेदे भातेऽपयाति तत् ॥ १७ ॥

*asya jīvatvamāropāt sākṣiṇyapyavabhāsate ।
āvṛtau tu vinaṣṭāyām bhede bhāte'payāti tat ॥ 17 ॥*

तथा सर्गब्रह्मणोश्च भेदमावृत्त्य तिष्ठति । या शक्तिस्तद्वशाद्ब्रह्म विकृतत्वेन भासते ॥ १८ ॥

*tathā sargabrahmaṇośca bhedamāvrtya tiṣṭhati ।
yā śaktistadvaśādbrahma vikṛtatvena bhāsate ॥ 18 ॥*

अत्राप्यावृत्तिनाशेन विभाति ब्रह्मसर्गयोः । भेदस्तयोर्विकारं स्यात्सर्गे न ब्रह्मणि क्वचित् ॥ १९ ॥

*atrāpyāvrṭtināśena vibhāti brahmasargayoh ।
bhedastayorvikāraṁ syātsarge na brahmaṇi kvacit ॥ 19 ॥*

अस्ति भाति प्रियं रूपं नाम चेत्यंशपञ्चकम् । आद्यत्रयं ब्रह्मरूपं जगद्रूपं ततो द्वयम् ॥ २० ॥

*asti bhāti priyaṁ rūpaṁ nāma cetyaṁśapañcakam ।
ādyatrayaṁ brahmarūpaṁ jagadrūpaṁ tato dvayam ॥ 20 ॥*

Ashtavakra Gita

Select Verses from Chapter 18

अष्टावक्र उवाच ।

यस्य बोधोदये तावत्स्वप्नवद्भवति भ्रमः ।

तस्मै सुखैकरूपाय नमः शान्ताय तेजसे ॥ १ ॥

aṣṭāvakra uvāca |

yasya bodhodaye tāvatsvapnavadbhavati bhramah |

tasmai sukhaikarūpāya namaḥ śāntāya tejase || 1 ||

Ashtavakra said: Salutations to that peaceful, effulgent Consciousness, whose very nature is pure happiness. At the mere dawning of whose knowledge, this entire illusion dissolves away, just as a dream vanishes upon waking."

अर्जयित्वाखिलानर्थान्भोगानाप्नोति पुष्कलान् ।

न हि सर्वपरित्यागमन्तरेण सुखी भवेत् ॥ २ ॥

arjayitvākhilānarthānbhogānāpnoti puṣkalān |

na hi sarvaparityāgamantareṇa sukhī bhavet || 2 ||

"Having acquired all forms of wealth, one obtains abundant enjoyments; but indeed, one cannot become happy without the total renunciation of everything."

कर्तव्यदुःखमार्तण्डज्वालादग्धान्तरात्मनः ।

कुतः प्रशमपीयूषधारासारमृते सुखम् ॥ ३ ॥

*kartavyaduḥkhamārtanḍajvālādagdhāntarātmanah |
kutaḥ praśamapīyūṣadhārāsāramṛte sukham || 3 ||*

"For one whose inner self is scorched by the blazing sun-like fire of the sorrow of duty, how can there be happiness without the abundant stream of the nectar of peace?"

भवोऽयं भावनामात्रो न किञ्चित्परमार्थतः ।

नास्त्यभावः स्वभावानां भावाभावविभाविनाम् ॥ ४ ॥

*bhavo'yaṁ bhāvanāmātro na kiñcitparamārthataḥ |
nāstyabhāvaḥ svabhāvānāṁ bhāvābhāvavibhāvinām || 4 ||*

"This world (of becoming) is merely a product of thought/imagination; in ultimate reality, it is nothing at all. Yet there is no non-existence of one's own true nature (svabhāva), which alone illumines both existence and non-existence."