Online Schedule for Nine-Week Vedanta Course with Swami Tattvavidanandaji [Sep 22 – Nov 21]

Time (ET)	Program [Tuesday – Sunday; Off on Mondays]	Notes and Exceptions
5:45 – 6:45 am	Morning Abhiseka to Lord dakṣiṇāmūrti	Viewable on YouTube.com/c/ArshaVidyaGurukulam
7:00 – 7:30 am	Guided Meditation – Swami Tattvavidanandaji	No meditation on Mondays or Tuesdays
10:30 – 11:30 am	Class- I, Kathopanishad Part II- Swami Tattvavidanandaji	First and Third Sunday schedule will vary. To be listed below.*
2:30 – 3:30 pm	Sanskrit Class- Sri Kalpesh Jasapara	Mondays: No Sanskrit Class. Tuesdays: No Sanskrit Class. First and Third Sunday: No Sanskrit Class.
4:00 – 5:00 pm	Class II – Kathopanishad Part II Swami Tattvavidanandaji	
5:30 – 6:00 pm	Evening Arati to Lord dakṣiṇāmūrti	Viewable on YouTube.com/c/ArshaVidyaGurukulam
7:30 – 8:30 pm	Satsang (Q & A) Swami Tattvavidanandaji	Sunday schedule will vary. To be listed below.*
* SUNDAY, NOV 1	PLEASE CHANGE YOUR CLOCK 1 HOUR BACK SUNDAY	
7:00-7:30 am	Guided Meditation with Swami Tattvavidanandaji	
10:00-11:00 am	Class- I, Kathopanishad Part II- Swami Tattvavidanandaji	
11:20-12:20 pm	Bhagavad Gita Chapter 4 with Swami Tattvavidanandaji	
3:00-4:00 pm	Satsang Q&A with Swami Tattvavidanandaji	