

Atmashatkam (आत्मषट्कम्, *ātmaṣatkam*), also known
as **Nirvanashatkam** (निर्वाणषट्कम्, *Nirvāṇaṣatkam*)

मनोबुद्ध्यहङ्कार चित्तानि नाहं manobuddhyahānkāra cittāni nāham
न च श्रोत्रजिह्वे न च घ्राणनेत्रे । na ca śrotrajihve na ca ghrāṇanetre .
न च व्योम भूमिर्न तेजो न वायुः na ca vyoma bhūmirna tejo na vāyuḥ
चिदानन्दरूपः शिवोऽहम् शिवोऽहम् ॥१॥ cidānandarūpaḥ śivo'ham śivo'ham ||1||

Neither am I the mind nor intelligence or ego, neither am I the organs of hearing (ears), nor that of tasting (tongue), smelling (nose) or seeing (eyes), Neither am I the sky, nor the earth, neither the fire nor the air, I am Shiva, the supreme auspiciousness of the nature of consciousness-Anada. I am (Shiva) the auspiciousness.

न च प्राणसंज्ञो न वै पञ्चवायुः na ca prāṇasaṃjño na vai pañcavāyuḥ
न वा सप्तधातुः न वा पञ्चकोशः । na vā saptadhātuḥ na vā pañcakośaḥ .
न वाक्पाणिपादं न चोपस्थपायु na vākpāṇipādaṃ na copasthapāyu
चिदानन्दरूपः शिवोऽहम् शिवोऽहम् ॥२॥ cidānandarūpaḥ śivo'ham śivo'ham ||2||

Neither am I the vital breath, nor the five vital air, neither am I the seven ingredients (of the body), nor the five sheaths (of the body), Neither am I the organ of speech, nor the organs for holding (hand), movement (feet) or excretion, I am the ever pure blissful consciousness; I am Shiva, I am Shiva, The ever pure Ananda consciousness.

न मे द्वेषरागौ न मे लोभमोहौ na me dveṣarāgau na me lobhamohau
मदो नैव मे नैव मात्सर्यभावः । mado naiva me naiva mātsaryabhāvaḥ .
न धर्मो न चार्थो न कामो न मोक्षः na dharmo na cārtho na kāmo na mokṣaḥ
चिदानन्दरूपः शिवोऽहम् शिवोऽहम् ॥३॥ cidānandarūpaḥ śivo'ham śivo'ham ||3||

Neither do I have hatred, nor attachment, neither greed nor infatuation, Neither do I have passion, nor feelings of envy and jealousy, I am not within the bounds of dharma (righteousness), artha (wealth), kama (desire) and moksha (liberation) (the four purusarthas of life), I am Shiva, the supreme auspiciousness of the nature of consciousness Anada. I am (Shiva) the auspiciousness.

न पुण्यं न पापं न सौख्यं न दुःखं na puṇyaṃ na pāpaṃ na saukhyaṃ na duḥkhaṃ
न मन्त्रो न तीर्थं न वेदा न यज्ञाः । na mantra na tīrthaṃ na vedā na yajñāḥ .
अहं भोजनं नैव भोज्यं न भोक्ता ahaṃ bhojanaṃ naiva bhojyaṃ na bhoktā
चिदानन्दरूपः शिवोऽहम् शिवोऽहम् ॥४॥ cidānandarūpaḥ śivo'ham śivo'ham ॥4॥

Neither am I bound by merits nor sins, neither by worldly joys nor by sorrows, Neither am I bound by sacred hymns nor by sacred places, neither by sacred scriptures nor by sacrifice, I am neither enjoyment (experience), nor an object to be enjoyed (experienced), nor the enjoyer (experiencer), I am Shiva, the supreme auspiciousness of the nature of consciousness-ananda. I am (Shiva) the auspiciousness.

न मृत्युर्न शङ्का न मे जातिभेदः na mṛtyurna śaṅkā na me jātibhedaḥ
पिता नैव मे नैव माता न जन्मः । pitā naiva me naiva mātā na janmaḥ .
न बन्धुर्न मित्रं गुरुर्नैव शिष्यं na bandhurna mitraṃ gururnaiva śiṣyaṃ
चिदानन्दरूपः शिवोऽहम् शिवोऽहम् ॥५॥ cidānandarūpaḥ śivo'ham śivo'ham ॥5॥

Neither am I bound by death and its fear, nor by the rules of caste and its distinctions, Neither do I have father and mother, nor do I have birth, Neither do I have relations nor friends, neither spiritual teacher nor disciple, I am Shiva, the supreme auspiciousness of the nature of consciousness-Ananda. I am (Shiva) the auspiciousness.

अहं निर्विकल्पो निराकाररूपो ahaṃ nirvikalpo nirākārarūpo
विभुत्वाच्च सर्वत्र सर्वेन्द्रियाणाम् । vibhutvācca sarvatra sarvendriyāṅām .
न चासङ्गतं नैव मुक्तिर्न मेयः na cāsaṅgataṃ naiva muktirna meyaḥ
चिदानन्दरूपः शिवोऽहम् शिवोऽहम् ॥६॥ cidānandarūpaḥ śivo'ham śivo'ham ॥6॥

I am without any variation, and without any form, I am present everywhere as the underlying substratum of everything, and behind all sense organs, neither do I get attached to anything, nor get freed from anything, I am Shiva, the supreme auspiciousness of the nature of consciousness-Ananda. I am (Shiva) the auspiciousness.